1  
00:00:01,100 --> 00:00:01,340  
好  
  
2  
00:00:01,420 --> 00:00:01,980  
各位同学  
  
3  
00:00:02,100 --> 00:00:03,900  
咱们接着往前走啊  
  
4  
00:00:05,220 --> 00:00:05,420  
呃  
  
5  
00:00:05,740 --> 00:00:09,180  
刚刚讲完了韭黄胆，往下看  
  
6  
00:00:09,460 --> 00:00:12,900  
下一张方子桂枝加黄芪汤  
  
7  
00:00:14,120 --> 00:00:15,440  
呃，第16条  
  
8  
00:00:16,520 --> 00:00:19,840  
诸病皇家但利其小便啊  
  
9  
00:00:19,960 --> 00:00:25,090  
这一段讲的告诉你种种黄染之病  
  
10  
00:00:25,930 --> 00:00:29,330  
那么你就只要把他的小便啊能通了  
  
11  
00:00:29,930 --> 00:00:31,370  
那么他的阳气就通了  
  
12  
00:00:32,409 --> 00:00:32,610  
呃  
  
13  
00:00:33,610 --> 00:00:37,770  
清代叶香岩先生那么一句名言  
  
14  
00:00:38,090 --> 00:00:39,130  
大家都很熟  
  
15  
00:00:40,600 --> 00:00:41,120  
哎嘿嘿  
  
16  
00:00:41,680 --> 00:00:44,920  
通阳不在温，而在利小便是不是  
  
17  
00:00:46,080 --> 00:00:46,360  
呃  
  
18  
00:00:48,390 --> 00:00:49,350  
那么这么一句话  
  
19  
00:00:50,860 --> 00:00:53,780  
假令卖服当以汗解之  
  
20  
00:00:54,380 --> 00:00:56,660  
那么他说说这么一个概念是啥意思呢  
  
21  
00:00:56,980 --> 00:00:57,260  
啊  
  
22  
00:00:58,630 --> 00:01:03,150  
呃，正常情况下立黄  
  
23  
00:01:05,099 --> 00:01:07,140  
利其小便就行  
  
24  
00:01:08,140 --> 00:01:11,460  
但是当见浮脉，则可以发汗  
  
25  
00:01:12,220 --> 00:01:15,220  
证明利小便和发汗在这儿都一样  
  
26  
00:01:15,740 --> 00:01:16,460  
咱明白了吧  
  
27  
00:01:17,060 --> 00:01:17,500  
叫什么  
  
28  
00:01:17,500 --> 00:01:18,980  
叫因势而利导  
  
29  
00:01:19,720 --> 00:01:21,760  
这个以前我给大家讲过多次  
  
30  
00:01:22,640 --> 00:01:24,600  
呃，我甚至举过例子  
  
31  
00:01:25,280 --> 00:01:27,080  
你从这儿想去人民大街  
  
32  
00:01:28,110 --> 00:01:28,590  
正常  
  
33  
00:01:28,590 --> 00:01:30,070  
比如说走东环城  
  
34  
00:01:30,630 --> 00:01:32,630  
但是你说今天东环城修路  
  
35  
00:01:32,630 --> 00:01:33,830  
咱们是不是去不了了  
  
36  
00:01:34,150 --> 00:01:36,960  
答案不是，亚泰大街一样能走  
  
37  
00:01:37,400 --> 00:01:37,960  
明白了吧  
  
38  
00:01:38,680 --> 00:01:38,960  
哎  
  
39  
00:01:39,120 --> 00:01:40,800  
就是根据哪条路  
  
40  
00:01:42,150 --> 00:01:45,470  
那么这个的核心主人无非是什么  
  
41  
00:01:45,510 --> 00:01:46,270  
还是那句话  
  
42  
00:01:46,630 --> 00:01:48,470  
皇家所得，从师得之  
  
43  
00:01:49,070 --> 00:01:50,070  
湿气对吧  
  
44  
00:01:50,470 --> 00:01:51,190  
一个湿字  
  
45  
00:01:51,710 --> 00:01:55,390  
这个诗字既可以从小便走，也可以从汗走  
  
46  
00:01:56,640 --> 00:01:58,960  
那么从汗走，什么时候从小便走  
  
47  
00:01:59,240 --> 00:02:01,680  
那么就是一般都都都能啊  
  
48  
00:02:01,880 --> 00:02:04,800  
但什么时候从汗走就是卖服的时候，对吧  
  
49  
00:02:05,360 --> 00:02:05,560  
哎  
  
50  
00:02:05,600 --> 00:02:07,280  
脉浮的时候浮为在表嘛  
  
51  
00:02:07,680 --> 00:02:09,000  
则当以汗去之  
  
52  
00:02:09,440 --> 00:02:09,639  
呃  
  
53  
00:02:09,800 --> 00:02:11,240  
用我的说法就更简单  
  
54  
00:02:11,240 --> 00:02:13,720  
如果你直接断到太阳脉  
  
55  
00:02:14,670 --> 00:02:15,670  
那么太阳脉呢  
  
56  
00:02:16,750 --> 00:02:17,830  
那个偏于经  
  
57  
00:02:18,230 --> 00:02:19,910  
那你就从汉走  
  
58  
00:02:20,270 --> 00:02:21,670  
呃，如果太阳脉偏于辅  
  
59  
00:02:21,830 --> 00:02:25,190  
那么你就看看是血分还是蓄水啊  
  
60  
00:02:27,810 --> 00:02:30,410  
当时经政的时候，从汉走的时候  
  
61  
00:02:30,650 --> 00:02:33,410  
那么用什么方用桂枝加黄芪汤  
  
62  
00:02:33,770 --> 00:02:34,930  
呃，这个方呢  
  
63  
00:02:34,930 --> 00:02:35,870  
本身，嗯  
  
64  
00:02:35,950 --> 00:02:38,390  
当时见于水其病啊  
  
65  
00:02:39,230 --> 00:02:40,870  
呃，这这这个片里头啊  
  
66  
00:02:41,430 --> 00:02:43,030  
桂枝加黄芪啊  
  
67  
00:02:43,230 --> 00:02:45,130  
包括这个，呃  
  
68  
00:02:45,370 --> 00:02:46,410  
黄旱还记得吧  
  
69  
00:02:46,810 --> 00:02:47,010  
哎  
  
70  
00:02:47,010 --> 00:02:50,050  
咱们都出现过这个方，其实都是祛湿的  
  
71  
00:02:50,570 --> 00:02:51,210  
所以你看  
  
72  
00:02:51,210 --> 00:02:54,170  
无论是水汽，还是黄汗还是黄疸  
  
73  
00:02:54,570 --> 00:02:56,330  
这个三个病吧  
  
74  
00:02:57,310 --> 00:02:58,030  
三个头  
  
75  
00:02:58,980 --> 00:02:59,580  
三个端  
  
76  
00:03:00,380 --> 00:03:03,420  
但是它里头的核心问题是几个问题呢  
  
77  
00:03:04,020 --> 00:03:05,340  
就这么一个问题  
  
78  
00:03:05,660 --> 00:03:07,580  
谁呀，师啊  
  
79  
00:03:08,420 --> 00:03:11,380  
一体三端，咱们讲这个事吗  
  
80  
00:03:12,540 --> 00:03:15,660  
因此都可以用桂枝加黄芪汤煮之  
  
81  
00:03:17,650 --> 00:03:18,530  
不赘述了啊  
  
82  
00:03:19,450 --> 00:03:20,410  
下一个条文  
  
83  
00:03:20,770 --> 00:03:22,210  
呃，这个比较有意思  
  
84  
00:03:22,850 --> 00:03:23,250  
朱黄  
  
85  
00:03:24,130 --> 00:03:28,500  
朱高发间主之条文极简啊  
  
86  
00:03:29,020 --> 00:03:32,700  
就俩字，珠黄没了哈  
  
87  
00:03:33,180 --> 00:03:34,700  
那珠黄什么意思呢  
  
88  
00:03:35,740 --> 00:03:38,540  
猪就是种种对吧  
  
89  
00:03:39,380 --> 00:03:41,780  
黄是什么叫黄疸吧  
  
90  
00:03:42,550 --> 00:03:47,190  
种种黄疸都可以用猪膏发煎主治  
  
91  
00:03:47,830 --> 00:03:48,990  
那么关于这个呢  
  
92  
00:03:49,470 --> 00:03:55,530  
有后世大家有两种这个不同观点  
  
93  
00:03:56,010 --> 00:03:59,610  
有一种观点往往认为这句话说的有点荒诞  
  
94  
00:04:00,170 --> 00:04:03,570  
那么怎么可能同样一个黄疸病  
  
95  
00:04:04,170 --> 00:04:06,210  
所有分型都用一张方呢  
  
96  
00:04:07,270 --> 00:04:09,470  
但是有很多临床大家啊  
  
97  
00:04:09,510 --> 00:04:10,070  
你看啊  
  
98  
00:04:10,190 --> 00:04:11,750  
他们同样说这句话  
  
99  
00:04:12,970 --> 00:04:18,130  
你比如说那个咱们说建国初年的著名的医家啊  
  
100  
00:04:18,130 --> 00:04:20,209  
我个人非常敬重的  
  
101  
00:04:20,950 --> 00:04:23,870  
赵仲秦公名讳叫赵桐先生  
  
102  
00:04:23,870 --> 00:04:24,150  
对吧  
  
103  
00:04:24,510 --> 00:04:27,510  
他说过一句原话，说此黄疸统治之方也  
  
104  
00:04:29,000 --> 00:04:30,360  
这话什么概念  
  
105  
00:04:30,400 --> 00:04:30,960  
对不对啊  
  
106  
00:04:30,960 --> 00:04:33,480  
包括我之前提过的黄杰希老  
  
107  
00:04:33,950 --> 00:04:35,390  
他也说过同样的话  
  
108  
00:04:35,670 --> 00:04:39,190  
这些人难道他们都是拍脑门说的吗  
  
109  
00:04:39,680 --> 00:04:40,040  
不是  
  
110  
00:04:40,760 --> 00:04:44,000  
那么为什么同样种种的这个病啊  
  
111  
00:04:44,120 --> 00:04:46,360  
用这个方都能够通治  
  
112  
00:04:47,160 --> 00:04:48,280  
我们就得想了  
  
113  
00:04:48,840 --> 00:04:52,630  
就是原因，就是他治的到底是啥啊  
  
114  
00:04:52,710 --> 00:04:53,950  
咱们就得看这个方子  
  
115  
00:04:54,110 --> 00:04:57,710  
我们讲能看明白条文的时候看明白条纹对不对啊  
  
116  
00:04:58,010 --> 00:04:59,330  
条纹太简单  
  
117  
00:04:59,970 --> 00:05:02,410  
那么你就看方以方测证啊  
  
118  
00:05:02,530 --> 00:05:04,930  
这方是什么方方一看更晕啊  
  
119  
00:05:04,930 --> 00:05:06,200  
哈哈哈，嘶  
  
120  
00:05:06,480 --> 00:05:08,520  
猪膏发煎就是两味药  
  
121  
00:05:08,880 --> 00:05:10,720  
就是猪膏和乱发  
  
122  
00:05:11,490 --> 00:05:13,130  
那么什么叫诸高呢  
  
123  
00:05:13,530 --> 00:05:16,010  
这个我一说，大家可能有点感觉  
  
124  
00:05:16,130 --> 00:05:18,810  
高者由之之也嘛，对吧  
  
125  
00:05:19,220 --> 00:05:21,420  
那么猪就是猪的油脂  
  
126  
00:05:22,650 --> 00:05:24,090  
那么什么叫猪的油脂啊  
  
127  
00:05:24,570 --> 00:05:25,570  
俗称猪油  
  
128  
00:05:26,210 --> 00:05:27,010  
这明白了吧  
  
129  
00:05:27,290 --> 00:05:28,810  
不是猪身上的肥肉啊  
  
130  
00:05:29,170 --> 00:05:30,650  
我要说一下，呃  
  
131  
00:05:30,930 --> 00:05:32,130  
汉民族族呢  
  
132  
00:05:32,210 --> 00:05:34,660  
自古以来，这个食猪肉  
  
133  
00:05:34,700 --> 00:05:36,140  
由于它这个饲养条件  
  
134  
00:05:36,580 --> 00:05:37,780  
呃，汉民族是农耕  
  
135  
00:05:37,820 --> 00:05:38,860  
农耕民族嘛，对吧  
  
136  
00:05:39,180 --> 00:05:40,380  
呃，他把这个猪圈啊  
  
137  
00:05:40,380 --> 00:05:42,780  
包括古代的这个生态农业啊  
  
138  
00:05:42,780 --> 00:05:44,860  
他都搞得形成了一个闭环  
  
139  
00:05:45,540 --> 00:05:45,820  
呃  
  
140  
00:05:46,960 --> 00:05:50,720  
有一部著作啊，这有一部著作叫3000年农业啊  
  
141  
00:05:51,080 --> 00:05:53,200  
这个大家可以感兴趣，可以翻一翻  
  
142  
00:05:53,320 --> 00:05:57,300  
就中国古代的农业是一种闭环的生态  
  
143  
00:05:57,300 --> 00:05:59,500  
农业就是它最后没有垃圾  
  
144  
00:06:00,140 --> 00:06:01,620  
它是一个一个闭环啊  
  
145  
00:06:01,620 --> 00:06:02,420  
这个非常牛  
  
146  
00:06:02,740 --> 00:06:06,900  
那么其中猪圈它也是一个闭环中的一个链条啊  
  
147  
00:06:06,940 --> 00:06:08,850  
这就非常有意思啊，呃  
  
148  
00:06:08,890 --> 00:06:11,930  
那么猪粪可以可以种植对吧  
  
149  
00:06:11,930 --> 00:06:13,850  
它还能养茄子啊  
  
150  
00:06:13,850 --> 00:06:16,970  
那么他就是这就是他最后没有垃圾产生啊  
  
151  
00:06:17,650 --> 00:06:18,530  
形成一个闭环  
  
152  
00:06:19,330 --> 00:06:20,890  
那么所以在这个闭环之中呢  
  
153  
00:06:20,890 --> 00:06:24,410  
那么朱高啊，在古代就是一个大家经常能见到的东西  
  
154  
00:06:24,410 --> 00:06:26,600  
就是猪油，也叫荤油  
  
155  
00:06:26,760 --> 00:06:27,280  
对不对啊  
  
156  
00:06:27,680 --> 00:06:28,840  
那这个荤油啊  
  
157  
00:06:29,360 --> 00:06:31,640  
呃，我们现在用的很少了  
  
158  
00:06:31,640 --> 00:06:33,320  
我记得我小的时候啊  
  
159  
00:06:33,740 --> 00:06:35,340  
这个我最开心的一个事  
  
160  
00:06:35,340 --> 00:06:36,180  
儿呢，就是什么呢  
  
161  
00:06:36,180 --> 00:06:36,380  
我  
  
162  
00:06:36,380 --> 00:06:39,620  
我在我是八零后，85年生人啊  
  
163  
00:06:39,950 --> 00:06:42,630  
那么我小的时候我家是汽车厂的啊  
  
164  
00:06:42,830 --> 00:06:43,630  
一汽的  
  
165  
00:06:44,190 --> 00:06:47,910  
这个小的时候我在那个那个这个这个  
  
166  
00:06:47,910 --> 00:06:49,630  
一汽的那个我们家小区  
  
167  
00:06:50,170 --> 00:06:50,370  
呃  
  
168  
00:06:50,450 --> 00:06:53,010  
我是一汽，其中有一个分厂啊  
  
169  
00:06:53,430 --> 00:06:53,990  
父母呢  
  
170  
00:06:53,990 --> 00:06:56,550  
都是这个，这个都是干部啊  
  
171  
00:06:56,550 --> 00:06:59,830  
父亲在这个呃，在在厂办啊  
  
172  
00:07:00,360 --> 00:07:02,040  
这个母亲在在医院啊  
  
173  
00:07:02,480 --> 00:07:05,320  
这个小的时候很美好的时光  
  
174  
00:07:05,840 --> 00:07:07,880  
那么我们那个小厂区吧，就不大点  
  
175  
00:07:08,280 --> 00:07:09,040  
就是什么感觉  
  
176  
00:07:09,040 --> 00:07:10,560  
你读过桃花源记吧  
  
177  
00:07:11,350 --> 00:07:12,230  
我们那一个厂区啊  
  
178  
00:07:12,230 --> 00:07:12,830  
不大点儿  
  
179  
00:07:13,310 --> 00:07:13,870  
有工厂  
  
180  
00:07:14,110 --> 00:07:15,710  
有学校，有医院  
  
181  
00:07:15,870 --> 00:07:16,670  
有电影院  
  
182  
00:07:17,160 --> 00:07:18,480  
有体育馆，就什么都有  
  
183  
00:07:18,840 --> 00:07:20,760  
幼儿园就是一个一个小闭环  
  
184  
00:07:21,280 --> 00:07:21,480  
呃  
  
185  
00:07:21,840 --> 00:07:24,680  
如果有外人来，大家一眼就能认出来  
  
186  
00:07:24,680 --> 00:07:26,480  
因为没有没有外人哈  
  
187  
00:07:26,560 --> 00:07:30,080  
就跟那个桃花源记里说的那个桃花源特别像啊  
  
188  
00:07:30,080 --> 00:07:32,360  
小时候在这么环境里头长大的  
  
189  
00:07:32,590 --> 00:07:32,790  
呃  
  
190  
00:07:32,910 --> 00:07:35,590  
那么那时候最开心的一个事啊  
  
191  
00:07:35,590 --> 00:07:36,750  
就是玩完之后啊  
  
192  
00:07:36,830 --> 00:07:37,670  
半夜了，对吧  
  
193  
00:07:37,670 --> 00:07:39,030  
那时候也没作业是吧  
  
194  
00:07:39,390 --> 00:07:40,790  
那个放学就是玩啊  
  
195  
00:07:40,870 --> 00:07:43,350  
特别开心，玩完之后回家啊  
  
196  
00:07:43,750 --> 00:07:44,750  
那时候我母亲呢  
  
197  
00:07:44,830 --> 00:07:47,210  
准在那做饭，做饭之后呢  
  
198  
00:07:47,210 --> 00:07:50,100  
我最期盼的就是他在那儿炸这个  
  
199  
00:07:50,340 --> 00:07:51,820  
我们东北叫靠油梭子  
  
200  
00:07:51,900 --> 00:07:52,620  
你能明白吗  
  
201  
00:07:52,900 --> 00:07:55,020  
就是那个炸那个油油梭子  
  
202  
00:07:55,380 --> 00:07:57,610  
炸完之后，他为了炸这个猪油  
  
203  
00:07:58,090 --> 00:07:58,290  
诶  
  
204  
00:07:58,290 --> 00:08:00,450  
那产生的那个副产品不就给我了吗  
  
205  
00:08:00,690 --> 00:08:01,330  
明白了吗  
  
206  
00:08:01,540 --> 00:08:01,740  
哎  
  
207  
00:08:01,740 --> 00:08:02,580  
特别喜欢啊  
  
208  
00:08:02,580 --> 00:08:04,350  
就是，哎我我我  
  
209  
00:08:04,350 --> 00:08:07,110  
直到长大了我才知道那个当时是在干什么  
  
210  
00:08:07,110 --> 00:08:09,110  
他其实是为了获取那个猪油  
  
211  
00:08:09,390 --> 00:08:11,150  
就是咱们说的这个猪羔  
  
212  
00:08:11,420 --> 00:08:11,980  
明白了吧  
  
213  
00:08:12,060 --> 00:08:14,820  
小时候不懂，小时候我认为特意给我炸的呢  
  
214  
00:08:15,280 --> 00:08:16,880  
我认为就是就是，就是这个呢  
  
215  
00:08:17,160 --> 00:08:18,120  
其实不是啊  
  
216  
00:08:18,600 --> 00:08:20,080  
误会了啊，误会了  
  
217  
00:08:20,600 --> 00:08:22,900  
那么那个猪油啊  
  
218  
00:08:22,900 --> 00:08:23,700  
咱们就说猪高  
  
219  
00:08:24,260 --> 00:08:24,460  
呃  
  
220  
00:08:24,660 --> 00:08:26,580  
猪本身啊，它的特点  
  
221  
00:08:26,860 --> 00:08:30,160  
咱们说本身猪最大特点是什么  
  
222  
00:08:31,240 --> 00:08:32,400  
胖嘛，对不对啊  
  
223  
00:08:32,400 --> 00:08:33,679  
那就是它最大的特征  
  
224  
00:08:34,080 --> 00:08:35,080  
那胖是因为什么  
  
225  
00:08:35,080 --> 00:08:35,880  
因为它多脂  
  
226  
00:08:36,500 --> 00:08:37,820  
那么猪的脂呢  
  
227  
00:08:37,820 --> 00:08:39,980  
咱们说猪为水兽猪的脂呢  
  
228  
00:08:40,059 --> 00:08:41,860  
最为润滑啊  
  
229  
00:08:41,980 --> 00:08:42,700  
最为润滑  
  
230  
00:08:43,220 --> 00:08:43,500  
呃  
  
231  
00:08:43,960 --> 00:08:46,720  
那么猪油本身啊，也能干很多的作用  
  
232  
00:08:46,720 --> 00:08:47,520  
它也能润  
  
233  
00:08:48,020 --> 00:08:49,740  
过去的时间里头  
  
234  
00:08:49,740 --> 00:08:52,380  
曾经我们认为猪油的摄入  
  
235  
00:08:52,900 --> 00:08:56,350  
那么造成了人出现了心脑血管病啊  
  
236  
00:08:56,510 --> 00:08:59,150  
造成人的那个那个胆固醇过高，对吧  
  
237  
00:08:59,150 --> 00:09:01,590  
或者是那个脑血管出现梗塞  
  
238  
00:09:01,950 --> 00:09:03,070  
但是近几年  
  
239  
00:09:03,920 --> 00:09:07,600  
各地的科学工作者开始发现了一个问题  
  
240  
00:09:08,200 --> 00:09:09,120  
不是这样的  
  
241  
00:09:09,520 --> 00:09:09,920  
相反  
  
242  
00:09:10,000 --> 00:09:11,240  
植物油有的时候  
  
243  
00:09:11,280 --> 00:09:15,660  
才是造成这个心脑血管病的主要原因啊  
  
244  
00:09:15,660 --> 00:09:17,860  
当然现在这个东西我我没拍板啊  
  
245  
00:09:17,860 --> 00:09:19,700  
大家不要把我的话当成这个  
  
246  
00:09:20,020 --> 00:09:23,180  
这个什么很多东西我们在不断的发现和和和论证  
  
247  
00:09:23,400 --> 00:09:24,320  
我就说一个问题  
  
248  
00:09:24,320 --> 00:09:26,160  
我们吃了两三千年的东西  
  
249  
00:09:27,060 --> 00:09:29,180  
他不可能是随随便便的  
  
250  
00:09:29,180 --> 00:09:30,660  
就是一下就把他推翻了  
  
251  
00:09:31,020 --> 00:09:32,740  
肯定有他的道理，你信不信  
  
252  
00:09:32,990 --> 00:09:33,190  
哎  
  
253  
00:09:33,190 --> 00:09:34,750  
绝对有它的道理，猪啊  
  
254  
00:09:34,830 --> 00:09:38,150  
它是本身这东西你靠成油之后它是最为滋润  
  
255  
00:09:38,520 --> 00:09:40,720  
但是说你要吃多了肯定不行  
  
256  
00:09:40,760 --> 00:09:41,840  
啥东西多了都不行  
  
257  
00:09:42,200 --> 00:09:43,560  
水喝多了还中毒呢吧  
  
258  
00:09:44,160 --> 00:09:46,240  
大米吃多了还能撑坏你呢啊  
  
259  
00:09:46,560 --> 00:09:49,160  
说一个道理，你不能不能极端啊  
  
260  
00:09:49,520 --> 00:09:51,240  
那么适当的摄入猪油  
  
261  
00:09:51,320 --> 00:09:54,820  
它对人的血脉关窍是有华丽作用的啊  
  
262  
00:09:55,300 --> 00:09:58,420  
同时既能润燥又能通雨，是不是  
  
263  
00:09:59,250 --> 00:09:59,450  
哎  
  
264  
00:09:59,810 --> 00:10:02,410  
那么能润燥，燥大劲了不就淤了吗  
  
265  
00:10:02,690 --> 00:10:03,570  
这你能明白吗  
  
266  
00:10:03,770 --> 00:10:06,370  
就像核核干了之后是不是就淤了  
  
267  
00:10:07,030 --> 00:10:09,870  
那你水多了是不是河道就通开了  
  
268  
00:10:09,990 --> 00:10:11,310  
它俩是相辅相成的呀  
  
269  
00:10:11,750 --> 00:10:11,950  
哎  
  
270  
00:10:12,310 --> 00:10:14,630  
那么阴虚可以治愈啊  
  
271  
00:10:15,580 --> 00:10:15,780  
哎  
  
272  
00:10:15,860 --> 00:10:18,460  
阴虚也也能成虚，这块有点烧脑啊  
  
273  
00:10:18,500 --> 00:10:19,460  
你慢慢转吧  
  
274  
00:10:20,350 --> 00:10:23,230  
呃，那么这个核心问题所以我们推知啊  
  
275  
00:10:23,230 --> 00:10:26,030  
他里头有乱发，我们就推知一个问题  
  
276  
00:10:26,270 --> 00:10:28,870  
这个里头无非是抓了一个核心  
  
277  
00:10:29,580 --> 00:10:29,900  
呃  
  
278  
00:10:30,100 --> 00:10:33,860  
血猪高，它能解决燥的问题对不对  
  
279  
00:10:34,220 --> 00:10:36,150  
就是血脉燥  
  
280  
00:10:36,390 --> 00:10:38,230  
枯燥的问题，就是血燥啊  
  
281  
00:10:38,670 --> 00:10:43,350  
血燥朱高解决的这个问题乱发解决的是什么  
  
282  
00:10:44,990 --> 00:10:46,070  
你细琢磨琢磨啊  
  
283  
00:10:46,390 --> 00:10:47,510  
乱发解决的是什么  
  
284  
00:10:47,670 --> 00:10:50,630  
我们上次讲过这个问题还记不记得啊  
  
285  
00:10:51,920 --> 00:10:55,240  
当时哎，我说发能干什么呀  
  
286  
00:10:56,000 --> 00:10:56,280  
哎  
  
287  
00:10:58,060 --> 00:10:59,300  
能活血是不是  
  
288  
00:10:59,860 --> 00:11:00,140  
哎  
  
289  
00:11:01,470 --> 00:11:03,950  
那么这个乱发  
  
290  
00:11:05,020 --> 00:11:06,380  
而且我当时讲了一个问题  
  
291  
00:11:06,860 --> 00:11:10,260  
发为血余乱发，又为败血  
  
292  
00:11:11,540 --> 00:11:12,620  
是不是啊  
  
293  
00:11:13,340 --> 00:11:13,620  
哎  
  
294  
00:11:14,130 --> 00:11:15,650  
以浊饮浊之用啊  
  
295  
00:11:15,650 --> 00:11:18,050  
那把把把浊小便不利吗  
  
296  
00:11:18,050 --> 00:11:19,370  
当时还记不记得，哎  
  
297  
00:11:19,370 --> 00:11:22,410  
把这个浊的这个血把他引出去啊  
  
298  
00:11:23,110 --> 00:11:24,790  
这种手法仲景先师常用  
  
299  
00:11:25,270 --> 00:11:26,430  
比如烧昆散  
  
300  
00:11:27,700 --> 00:11:27,900  
哎  
  
301  
00:11:27,980 --> 00:11:30,660  
他常用就是以浊引浊，以会隐晦啊  
  
302  
00:11:31,140 --> 00:11:33,940  
就用晦气引走，晦气就打一比方吧  
  
303  
00:11:34,860 --> 00:11:40,330  
有的时候你跟一些恶霸或者地痞无赖谈事  
  
304  
00:11:40,330 --> 00:11:40,730  
儿  
  
305  
00:11:41,660 --> 00:11:44,020  
你派一个书生去，好像很难谈成功  
  
306  
00:11:45,060 --> 00:11:48,590  
但是你找一个比他更大的流氓问题解决了  
  
307  
00:11:49,350 --> 00:11:50,430  
咱们说这个问题啊  
  
308  
00:11:50,750 --> 00:11:51,710  
是不是这个道理啊  
  
309  
00:11:52,030 --> 00:11:52,270  
哎  
  
310  
00:11:52,510 --> 00:11:54,510  
就是同气则相通啊  
  
311  
00:11:54,510 --> 00:11:55,310  
你，你跟他不通  
  
312  
00:11:55,350 --> 00:11:57,300  
那这玩意儿没办法啊  
  
313  
00:11:57,420 --> 00:11:59,740  
过去讲叫秀才见着兵有理说不清  
  
314  
00:12:00,060 --> 00:12:01,900  
那你找个当兵的就解决问题了吗  
  
315  
00:12:02,060 --> 00:12:03,020  
是不是这个道理啊  
  
316  
00:12:04,250 --> 00:12:05,050  
哎，所以呢  
  
317  
00:12:05,730 --> 00:12:06,010  
呃  
  
318  
00:12:08,030 --> 00:12:10,590  
猪膏它本身就是润而乱发呀  
  
319  
00:12:11,030 --> 00:12:12,550  
本身它就能通于  
  
320  
00:12:13,000 --> 00:12:15,280  
但是古人呢，还说过一句话啊  
  
321  
00:12:15,480 --> 00:12:17,040  
他能乱发，能通血瘀吗  
  
322  
00:12:17,040 --> 00:12:17,320  
对吧  
  
323  
00:12:17,600 --> 00:12:18,480  
古人还说一句话  
  
324  
00:12:18,960 --> 00:12:20,440  
呃，古人认为啊  
  
325  
00:12:20,990 --> 00:12:22,110  
内经这么讲的  
  
326  
00:12:22,350 --> 00:12:25,800  
说发呢，仍自还神话  
  
327  
00:12:26,120 --> 00:12:27,640  
哎，这句话我我一说你  
  
328  
00:12:27,760 --> 00:12:31,300  
你可能有点有点蒙啊  
  
329  
00:12:31,300 --> 00:12:32,180  
我给你写上啊  
  
330  
00:12:33,580 --> 00:12:36,520  
扔仍旧字  
  
331  
00:12:37,360 --> 00:12:39,440  
还就是归还的意思啊  
  
332  
00:12:39,920 --> 00:12:43,320  
神神就是神器  
  
333  
00:12:44,600 --> 00:12:45,120  
头发  
  
334  
00:12:45,120 --> 00:12:48,080  
同学们，你们说头发最大的特点是什么  
  
335  
00:12:52,780 --> 00:12:54,860  
呃，一个是很难腐败  
  
336  
00:12:55,940 --> 00:12:57,020  
不是说绝不啊  
  
337  
00:12:57,020 --> 00:12:58,020  
但是很难腐败  
  
338  
00:12:58,540 --> 00:13:02,860  
还有一个我，我这个说的那个如果胆小的人可以划过去啊  
  
339  
00:13:02,860 --> 00:13:04,060  
这一段你就别听了  
  
340  
00:13:04,500 --> 00:13:05,420  
我讲一个道理  
  
341  
00:13:06,090 --> 00:13:07,490  
你不管是谁的头发啊  
  
342  
00:13:07,650 --> 00:13:08,370  
就任何人  
  
343  
00:13:08,410 --> 00:13:09,570  
你是好人坏人  
  
344  
00:13:09,570 --> 00:13:11,450  
包括男人女人，老的少的  
  
345  
00:13:11,850 --> 00:13:13,170  
只要你把它攒齐了  
  
346  
00:13:13,950 --> 00:13:15,070  
长一点，最好啊  
  
347  
00:13:15,830 --> 00:13:16,430  
摆很多  
  
348  
00:13:17,750 --> 00:13:18,790  
你就觉得瘆得慌  
  
349  
00:13:19,790 --> 00:13:22,190  
就是所有的那个恐怖片里啊  
  
350  
00:13:22,890 --> 00:13:24,410  
头发都是一个重要元素  
  
351  
00:13:24,570 --> 00:13:25,690  
长头发明白了吗  
  
352  
00:13:25,730 --> 00:13:27,090  
尤其是女人的长头发  
  
353  
00:13:27,570 --> 00:13:29,290  
我们说女女子主阴，对不对啊  
  
354  
00:13:29,730 --> 00:13:30,450  
哎，男子主阳  
  
355  
00:13:31,090 --> 00:13:31,370  
哎  
  
356  
00:13:32,360 --> 00:13:33,320  
那么就说这个道理  
  
357  
00:13:33,640 --> 00:13:34,680  
那为啥呢  
  
358  
00:13:36,410 --> 00:13:40,770  
包括我小的时候，我记得我曾经看了一个那个电视剧  
  
359  
00:13:40,770 --> 00:13:42,930  
但是我小时候那电视剧现在早就没了  
  
360  
00:13:43,090 --> 00:13:43,730  
就是聊斋  
  
361  
00:13:44,390 --> 00:13:46,230  
我记得让我幼小的心灵啊  
  
362  
00:13:46,470 --> 00:13:50,350  
造成非常创伤的一个镜头就是有一个阿姨，我在电视里  
  
363  
00:13:50,350 --> 00:13:52,030  
那时候我很小啊呵  
  
364  
00:13:52,300 --> 00:13:53,500  
坐那坐床头上看  
  
365  
00:13:53,500 --> 00:13:57,090  
那时候黑白电视，那个一个阿姨背对着你  
  
366  
00:13:57,490 --> 00:13:59,730  
一转过来还是头发还是后脑勺  
  
367  
00:13:59,930 --> 00:14:01,130  
哎，这给我吓得呀  
  
368  
00:14:01,170 --> 00:14:02,610  
厕所都没敢去啊  
  
369  
00:14:02,610 --> 00:14:04,000  
差点尿炕啊  
  
370  
00:14:04,000 --> 00:14:04,880  
就说这么个问题  
  
371  
00:14:05,200 --> 00:14:06,680  
那为啥你会觉得害怕呢  
  
372  
00:14:07,480 --> 00:14:08,280  
都有同感吧  
  
373  
00:14:08,920 --> 00:14:13,420  
因为他能就是自环神话，我们说神啊  
  
374  
00:14:13,700 --> 00:14:14,580  
往上去是神  
  
375  
00:14:14,580 --> 00:14:15,540  
往下去是鬼  
  
376  
00:14:16,450 --> 00:14:17,570  
大家明白这个道理了吧  
  
377  
00:14:18,050 --> 00:14:18,250  
哎  
  
378  
00:14:18,490 --> 00:14:21,610  
那么那么古人认为啊  
  
379  
00:14:21,610 --> 00:14:24,060  
这个这个，当然这是古人认为啊  
  
380  
00:14:24,420 --> 00:14:27,910  
就是说认认为人是不死的啊  
  
381  
00:14:27,910 --> 00:14:30,030  
他只是换了一个形态来存在  
  
382  
00:14:30,470 --> 00:14:32,190  
那么呃，有德者呢  
  
383  
00:14:32,550 --> 00:14:34,550  
死而成神啊  
  
384  
00:14:34,830 --> 00:14:37,750  
神能上升，那么那么反之呢  
  
385  
00:14:37,750 --> 00:14:40,090  
就是说那个德行没有那么高  
  
386  
00:14:40,490 --> 00:14:42,730  
那么那么死而成为鬼吗  
  
387  
00:14:43,010 --> 00:14:44,490  
幽浅于虫权啊  
  
388  
00:14:44,570 --> 00:14:46,890  
咱们讲沦为异类咱们讲那个道理  
  
389  
00:14:47,210 --> 00:14:47,410  
呃  
  
390  
00:14:47,650 --> 00:14:51,760  
那么只有头发，她是能化神的  
  
391  
00:14:52,570 --> 00:14:54,770  
所以这个会跟人啊  
  
392  
00:14:54,930 --> 00:14:56,610  
本能的就是比较相通  
  
393  
00:14:56,610 --> 00:14:58,330  
你要是想去吓唬人，你弄个假发  
  
394  
00:14:58,370 --> 00:14:59,130  
咱们说这道理  
  
395  
00:14:59,530 --> 00:15:00,610  
人吓人，吓死人啊  
  
396  
00:15:00,610 --> 00:15:02,330  
咱们不能随便讨厌啊  
  
397  
00:15:02,330 --> 00:15:05,130  
我讲这道理，我们只是用它来说事啊  
  
398  
00:15:05,340 --> 00:15:09,510  
所以他呢，能通神明心主神明  
  
399  
00:15:09,830 --> 00:15:10,870  
心主血脉啊  
  
400  
00:15:10,910 --> 00:15:12,350  
所以他们本身都是相通的  
  
401  
00:15:12,630 --> 00:15:15,110  
乱发呢，则能通神通血啊  
  
402  
00:15:15,390 --> 00:15:19,720  
讲到这，所以说你看这个特别有道理啊你  
  
403  
00:15:19,720 --> 00:15:22,880  
你仔细看他那个那个猪膏发煎怎么做  
  
404  
00:15:23,400 --> 00:15:26,480  
用半斤猪油乱发啊  
  
405  
00:15:27,080 --> 00:15:30,040  
三三把每把像鸡蛋那么大，对不对啊  
  
406  
00:15:30,040 --> 00:15:32,690  
如鸡子大，把那个猪油烧开  
  
407  
00:15:33,210 --> 00:15:33,770  
明白了吧  
  
408  
00:15:34,290 --> 00:15:36,690  
把头发呢化进去  
  
409  
00:15:37,590 --> 00:15:40,470  
发消药成化进去之后你就一直煮  
  
410  
00:15:40,590 --> 00:15:42,630  
煮来煮去那个头发就煮化了  
  
411  
00:15:42,790 --> 00:15:43,910  
明白那意思了没有  
  
412  
00:15:44,140 --> 00:15:45,900  
煮化了之后头发煮进去了  
  
413  
00:15:46,140 --> 00:15:47,180  
那么这药就成了  
  
414  
00:15:47,340 --> 00:15:49,020  
那么这个像是一个什么像  
  
415  
00:15:51,320 --> 00:15:52,360  
从有到无  
  
416  
00:15:54,230 --> 00:15:55,110  
从聚到散  
  
417  
00:15:55,510 --> 00:15:59,870  
消瘀之象仍自还神话使淤血化神  
  
418  
00:16:00,950 --> 00:16:02,270  
使淤血化神明  
  
419  
00:16:02,790 --> 00:16:03,750  
神明不可见吧  
  
420  
00:16:04,190 --> 00:16:04,950  
淤血可见  
  
421  
00:16:06,190 --> 00:16:06,550  
淤血  
  
422  
00:16:06,550 --> 00:16:08,640  
你能拿出来能能看见，神  
  
423  
00:16:08,640 --> 00:16:09,400  
你能看见吗  
  
424  
00:16:09,680 --> 00:16:11,120  
你只能知道有  
  
425  
00:16:11,480 --> 00:16:12,320  
但是看不见  
  
426  
00:16:12,560 --> 00:16:14,080  
能看见就不是神了是吧  
  
427  
00:16:14,240 --> 00:16:15,320  
那就别的东西啊  
  
428  
00:16:15,520 --> 00:16:16,480  
咱们讲这个道理  
  
429  
00:16:16,850 --> 00:16:18,210  
所以说从有到无  
  
430  
00:16:18,650 --> 00:16:20,970  
从淤血化神明化神气  
  
431  
00:16:21,410 --> 00:16:22,490  
他讲的就是这个  
  
432  
00:16:22,810 --> 00:16:23,490  
因此说  
  
433  
00:16:24,240 --> 00:16:35,350  
但凡黄疸病之中战血燥兼血瘀的病机的朱高发间通治  
  
434  
00:16:36,470 --> 00:16:40,990  
那哪种黄疸是有血燥兼血瘀呢  
  
435  
00:16:41,230 --> 00:16:43,150  
答案就是所有黄疸  
  
436  
00:16:44,850 --> 00:16:45,370  
明白了吧  
  
437  
00:16:45,610 --> 00:16:48,490  
我们就是从另一个角度来看问题  
  
438  
00:16:49,030 --> 00:16:50,030  
那为啥是所有方呢  
  
439  
00:16:50,030 --> 00:16:51,470  
那有的同学当场啊  
  
440  
00:16:51,510 --> 00:16:53,910  
如果是反应慢的同学当场就懵了，说  
  
441  
00:16:53,910 --> 00:16:54,110  
老师  
  
442  
00:16:54,110 --> 00:16:56,190  
那你刚才不刚说，湿吗  
  
443  
00:16:56,190 --> 00:16:58,710  
你咋又变成血燥和血瘀了呢  
  
444  
00:16:58,750 --> 00:17:00,510  
你玩赖老师，不是啊  
  
445  
00:17:00,510 --> 00:17:01,350  
不是玩赖，你听  
  
446  
00:17:01,350 --> 00:17:02,310  
我给你慢慢讲  
  
447  
00:17:03,010 --> 00:17:04,369  
就是事情的两面  
  
448  
00:17:05,310 --> 00:17:05,869  
明白了吗  
  
449  
00:17:06,550 --> 00:17:10,310  
事情的两面，那么打个比方啊  
  
450  
00:17:10,869 --> 00:17:13,150  
很多人跟我抱怨说，哎呀说现在啊  
  
451  
00:17:13,150 --> 00:17:14,030  
觉得特别累  
  
452  
00:17:15,839 --> 00:17:17,280  
我跟你讲干啥不累  
  
453  
00:17:17,859 --> 00:17:19,339  
我跟我一个朋友啊  
  
454  
00:17:19,460 --> 00:17:20,500  
也是挺好的朋友  
  
455  
00:17:20,500 --> 00:17:22,180  
我俩有一次喝茶就聊这个事  
  
456  
00:17:22,460 --> 00:17:23,500  
他说现在特别累  
  
457  
00:17:24,099 --> 00:17:24,700  
我说呀  
  
458  
00:17:25,930 --> 00:17:27,890  
我读过一些史书啊  
  
459  
00:17:27,930 --> 00:17:28,690  
读过一些史书  
  
460  
00:17:28,930 --> 00:17:30,250  
我也呃  
  
461  
00:17:31,210 --> 00:17:32,250  
在史书之中吧  
  
462  
00:17:32,250 --> 00:17:34,330  
感受过各个朝代的人  
  
463  
00:17:34,770 --> 00:17:36,950  
说句实话，我认为啊  
  
464  
00:17:37,470 --> 00:17:38,910  
对于有的朝代人来说  
  
465  
00:17:39,030 --> 00:17:42,070  
他想像你这样累还还得不到呢  
  
466  
00:17:42,350 --> 00:17:44,470  
你都不用远，倒退50年  
  
467  
00:17:45,470 --> 00:17:46,670  
中国人还挨饿呢吧  
  
468  
00:17:47,510 --> 00:17:49,630  
袁隆平院士，刚刚啊  
  
469  
00:17:50,070 --> 00:17:55,170  
这个去世是我们民族乃至世界的一个大损失啊  
  
470  
00:17:55,890 --> 00:17:58,570  
呃，那么我们说如果没有员工  
  
471  
00:17:59,270 --> 00:18:00,990  
我们今天还吃不饱饭的吗  
  
472  
00:18:01,360 --> 00:18:01,560  
唉  
  
473  
00:18:01,560 --> 00:18:04,800  
所以说受人点水之恩，必当涌泉相报啊  
  
474  
00:18:04,840 --> 00:18:08,400  
这个我们民族这些这些这个英雄啊  
  
475  
00:18:08,480 --> 00:18:09,240  
英烈啊  
  
476  
00:18:09,710 --> 00:18:10,510  
深当缅怀  
  
477  
00:18:11,070 --> 00:18:12,630  
那么就说这个道理啊  
  
478  
00:18:13,270 --> 00:18:14,870  
一好一坏，一利一弊  
  
479  
00:18:14,870 --> 00:18:17,830  
那么我们今天累的时候，其实你你你想啊  
  
480  
00:18:18,390 --> 00:18:21,070  
历史上汉武帝的时候，老百姓累不累  
  
481  
00:18:21,550 --> 00:18:23,510  
其实有的东西是对立统一的  
  
482  
00:18:24,920 --> 00:18:26,360  
我们今天歌颂汉武  
  
483  
00:18:27,370 --> 00:18:28,650  
那么甚至到什么程度  
  
484  
00:18:28,650 --> 00:18:32,330  
我们动不动言必秦皇言必汉唐对吧  
  
485  
00:18:32,650 --> 00:18:34,330  
秦皇汉武，言必汉唐  
  
486  
00:18:35,030 --> 00:18:37,030  
那么他是什么为代价啊  
  
487  
00:18:37,030 --> 00:18:39,270  
那那个时候老百姓那也挺累的  
  
488  
00:18:39,270 --> 00:18:41,270  
咱们说这个道理啊，呃  
  
489  
00:18:42,930 --> 00:18:44,850  
所以这个什么东西你都要看两面  
  
490  
00:18:46,020 --> 00:18:46,820  
反过来也是  
  
491  
00:18:46,900 --> 00:18:50,340  
就在我们这个湿上面，嗜欲的同时  
  
492  
00:18:50,980 --> 00:18:54,540  
我们说人体之中血管的粗细是有数的吧  
  
493  
00:18:56,290 --> 00:18:56,970  
湿是什么  
  
494  
00:18:57,090 --> 00:19:00,490  
我曾经给你们讲过，没有气化的津液  
  
495  
00:19:01,210 --> 00:19:03,450  
没有真气的津液就是湿对不对  
  
496  
00:19:04,340 --> 00:19:06,580  
那反之，有真气的津液是津液  
  
497  
00:19:06,700 --> 00:19:08,020  
津液则能化血  
  
498  
00:19:08,100 --> 00:19:08,820  
津血同源  
  
499  
00:19:09,460 --> 00:19:14,140  
如果说湿气占了过大的比重，造成津液过少  
  
500  
00:19:14,660 --> 00:19:16,020  
其血必然燥  
  
501  
00:19:16,840 --> 00:19:18,360  
津液过少，血不燥吗  
  
502  
00:19:19,240 --> 00:19:21,680  
湿和津液我在这画个图你就明白了  
  
503  
00:19:24,140 --> 00:19:27,580  
诗和基业必然是  
  
504  
00:19:29,660 --> 00:19:31,420  
唉，此消彼长吧  
  
505  
00:19:32,860 --> 00:19:34,820  
这个大家是不是否没有意义啊  
  
506  
00:19:35,380 --> 00:19:37,420  
是不是这两个东西  
  
507  
00:19:39,580 --> 00:19:45,510  
在人体之中生成转化互相挤兑是吧  
  
508  
00:19:47,030 --> 00:19:47,230  
哎  
  
509  
00:19:47,550 --> 00:19:50,510  
同源而异流，一体而两端  
  
510  
00:19:51,680 --> 00:19:53,640  
那么他俩呀  
  
511  
00:19:53,920 --> 00:19:57,910  
本身呃就是两个方向啊  
  
512  
00:19:57,910 --> 00:19:58,590  
两个方向  
  
513  
00:19:59,790 --> 00:20:01,110  
湿多了津液就少  
  
514  
00:20:01,270 --> 00:20:03,350  
相反津液多了诗就少  
  
515  
00:20:04,640 --> 00:20:06,840  
如果湿气比重过大，津液少  
  
516  
00:20:07,320 --> 00:20:09,560  
那么还有一个名词叫燥  
  
517  
00:20:13,480 --> 00:20:16,880  
筋造也会造成血燥  
  
518  
00:20:18,100 --> 00:20:18,900  
是不是这回事啊  
  
519  
00:20:19,820 --> 00:20:23,220  
那么血燥同时也会呈现血瘀  
  
520  
00:20:24,920 --> 00:20:25,800  
造后碧玉  
  
521  
00:20:25,920 --> 00:20:28,440  
就我刚才给你讲的就是河里没水没水  
  
522  
00:20:28,440 --> 00:20:29,760  
时间长了河道就堵了  
  
523  
00:20:30,760 --> 00:20:31,920  
大家明白这个道理吧  
  
524  
00:20:32,350 --> 00:20:32,550  
哎  
  
525  
00:20:32,590 --> 00:20:34,510  
你要水大淤泥都能冲走  
  
526  
00:20:35,430 --> 00:20:36,470  
水流特别少  
  
527  
00:20:36,510 --> 00:20:37,470  
那你你看吧  
  
528  
00:20:37,470 --> 00:20:38,710  
慢慢的淤泥往上涨  
  
529  
00:20:39,070 --> 00:20:40,830  
最后河堵死了啊  
  
530  
00:20:41,590 --> 00:20:42,390  
就这么一个道理  
  
531  
00:20:42,710 --> 00:20:44,270  
所以它的立角不同  
  
532  
00:20:44,610 --> 00:20:46,010  
因此我们看古人啊  
  
533  
00:20:46,010 --> 00:20:48,650  
你不要觉得他说这个方能治，这个方也能治  
  
534  
00:20:48,930 --> 00:20:50,970  
那你就感觉古人在敷衍你不是  
  
535  
00:20:51,970 --> 00:20:52,170  
呃  
  
536  
00:20:52,850 --> 00:20:54,170  
需要我们思考啊  
  
537  
00:20:54,610 --> 00:20:56,650  
那我们的思考和应用呢  
  
538  
00:20:58,160 --> 00:21:00,920  
那就是我们传承的过程的必经之路啊  
  
539  
00:21:01,830 --> 00:21:04,670  
那么这个就是猪膏发煎啊  
  
540  
00:21:04,710 --> 00:21:07,510  
非常经典的一张厨房，呃  
  
541  
00:21:07,550 --> 00:21:09,590  
临床中呢，也非常实用  
  
542  
00:21:13,960 --> 00:21:17,840  
呃，这个就说到这儿接着往下看  
  
543  
00:21:19,840 --> 00:21:21,680  
下一条文，呃  
  
544  
00:21:21,920 --> 00:21:24,080  
阴沉五苓散他就说的更简单  
  
545  
00:21:24,480 --> 00:21:26,690  
叫黄疸病是吧  
  
546  
00:21:26,930 --> 00:21:28,490  
哎，这几条都挺简单的  
  
547  
00:21:28,810 --> 00:21:31,010  
那黄胆病用阴沉五陵绝对行啊  
  
548  
00:21:31,010 --> 00:21:32,770  
因为阴沉本身是利湿的  
  
549  
00:21:33,260 --> 00:21:36,460  
五苓散呢，又能行水水化能利小便  
  
550  
00:21:36,860 --> 00:21:37,580  
咱们说这个  
  
551  
00:21:38,260 --> 00:21:40,540  
呃，是这个这个皇家  
  
552  
00:21:41,540 --> 00:21:44,340  
这这个这个没病，那从师得治吧  
  
553  
00:21:44,340 --> 00:21:45,380  
对吧，哎  
  
554  
00:21:47,700 --> 00:21:49,060  
皇家所得从师得知  
  
555  
00:21:49,580 --> 00:21:51,380  
那么你把水给它滤掉就行了  
  
556  
00:21:51,740 --> 00:21:53,380  
那么还有一个版本呢  
  
557  
00:21:53,580 --> 00:21:55,540  
当然这个版本应该是古传版本啊  
  
558  
00:21:55,780 --> 00:21:58,260  
我看了各个版本都没这么都没这么说  
  
559  
00:21:58,580 --> 00:22:01,460  
但是我们后头有小注说是一本云  
  
560  
00:22:01,860 --> 00:22:03,220  
这个本子我没找到啊  
  
561  
00:22:03,660 --> 00:22:05,110  
那实话实说，呃  
  
562  
00:22:05,110 --> 00:22:06,550  
他说有两个方子都能治  
  
563  
00:22:06,550 --> 00:22:07,430  
一个叫阴沉汤  
  
564  
00:22:07,550 --> 00:22:08,870  
一个叫五苓散病  
  
565  
00:22:08,910 --> 00:22:13,700  
主治这个其实也真是当年仲景先师行文的特征啊  
  
566  
00:22:13,700 --> 00:22:14,820  
老先生好这么写  
  
567  
00:22:15,420 --> 00:22:18,850  
所以这个到底是啥无头公案啊  
  
568  
00:22:19,050 --> 00:22:20,690  
这个这个解释不了了  
  
569  
00:22:21,050 --> 00:22:23,650  
呃，但是我认为他说的理都是通的  
  
570  
00:22:23,970 --> 00:22:27,090  
无论是阴沉五苓还是阴沉汤还是五苓散，呃  
  
571  
00:22:28,010 --> 00:22:28,490  
都行  
  
572  
00:22:28,810 --> 00:22:32,330  
所以索性你就把阴沉汤五苓散搁一块阴沉五灵是吧  
  
573  
00:22:32,930 --> 00:22:34,170  
那这不也挺好吗  
  
574  
00:22:35,820 --> 00:22:37,540  
先食饮方村壁啊  
  
575  
00:22:37,540 --> 00:22:38,700  
他是散伏的啊  
  
576  
00:22:39,140 --> 00:22:42,460  
散伏的呃，在这个呃  
  
577  
00:22:43,410 --> 00:22:44,810  
吃吃饭之前啊  
  
578  
00:22:44,810 --> 00:22:46,610  
饭前吃一方寸壁  
  
579  
00:22:52,680 --> 00:22:54,240  
那么往往下走啊  
  
580  
00:22:55,560 --> 00:22:56,600  
第19条  
  
581  
00:22:59,720 --> 00:23:02,840  
呃，带黄消食汤  
  
582  
00:23:07,940 --> 00:23:09,020  
那么这个方呢  
  
583  
00:23:09,700 --> 00:23:11,380  
呃，他讲的是一个概念啊  
  
584  
00:23:11,380 --> 00:23:12,920  
黄疸，呃  
  
585  
00:23:13,120 --> 00:23:14,920  
腹满小便不利赤  
  
586  
00:23:15,000 --> 00:23:15,920  
这就完事了啊  
  
587  
00:23:16,560 --> 00:23:25,010  
黄疸病俩症状一、胀肚二、尿黄是不是尿黄的同时它还不通啊  
  
588  
00:23:25,050 --> 00:23:26,370  
他那个小便吧  
  
589  
00:23:26,810 --> 00:23:27,690  
不光是黄  
  
590  
00:23:28,500 --> 00:23:30,700  
还不通，自汗出慈  
  
591  
00:23:31,140 --> 00:23:34,060  
为什么表合理时那表合理  
  
592  
00:23:34,060 --> 00:23:35,980  
实重点说的是表合还是理石啊  
  
593  
00:23:36,580 --> 00:23:37,420  
哎，说的是李石  
  
594  
00:23:37,620 --> 00:23:38,540  
所以说怎么办啊  
  
595  
00:23:38,700 --> 00:23:41,420  
当下肢以带黄消食汤  
  
596  
00:23:42,100 --> 00:23:44,500  
那么这个带黄消食汤啊  
  
597  
00:23:45,200 --> 00:23:49,480  
其实它里头除了蛋黄和硝石，还有栀子剥皮  
  
598  
00:23:49,520 --> 00:23:50,160  
你看见了吧  
  
599  
00:23:50,960 --> 00:23:51,160  
哎  
  
600  
00:23:51,200 --> 00:23:52,840  
栀子剥皮，呃  
  
601  
00:23:54,540 --> 00:23:57,820  
栀子剥皮汤本身在咱们伤寒论中啊，有原文  
  
602  
00:23:58,540 --> 00:23:59,580  
伤寒身热发黄  
  
603  
00:23:59,620 --> 00:24:00,900  
栀子剥皮汤主之  
  
604  
00:24:02,070 --> 00:24:03,350  
呃，咱们说伤寒论啊  
  
605  
00:24:03,350 --> 00:24:07,230  
在这简单的那个稍稍串串串伤寒论原文之中  
  
606  
00:24:07,940 --> 00:24:11,180  
我们说外感之中的发黄主见三种  
  
607  
00:24:12,020 --> 00:24:15,790  
第一个阴沉熬汤特点，湿热并重  
  
608  
00:24:16,470 --> 00:24:18,910  
还有一个呢，就是这个栀子薄皮汤  
  
609  
00:24:19,830 --> 00:24:21,350  
热和湿，哪个重啊  
  
610  
00:24:21,830 --> 00:24:22,670  
热重于湿  
  
611  
00:24:23,600 --> 00:24:23,800  
呃  
  
612  
00:24:24,200 --> 00:24:27,000  
还有一个呢，就是麻黄连瑶赤小豆汤  
  
613  
00:24:27,080 --> 00:24:28,760  
这个我们临床中也经常用  
  
614  
00:24:29,170 --> 00:24:29,970  
呃，这个呢  
  
615  
00:24:30,410 --> 00:24:31,090  
其实呢  
  
616  
00:24:31,450 --> 00:24:33,450  
我个人认为啊，呃  
  
617  
00:24:33,890 --> 00:24:34,770  
湿重于热  
  
618  
00:24:34,930 --> 00:24:38,410  
但是我们现在的教材认为它兼有表证  
  
619  
00:24:38,450 --> 00:24:40,190  
因为有麻黄，对不对  
  
620  
00:24:40,550 --> 00:24:43,550  
但是我认为伤寒论中那你说哪个没表证啊，对吧  
  
621  
00:24:43,870 --> 00:24:44,510  
那有表症  
  
622  
00:24:44,510 --> 00:24:47,590  
不不不不，不是那个主主要问题啊  
  
623  
00:24:47,920 --> 00:24:48,120  
呃  
  
624  
00:24:48,120 --> 00:24:51,240  
我认为还是他说湿的权重要大于热的权重  
  
625  
00:24:51,520 --> 00:24:52,440  
麻花良药赤小豆汤  
  
626  
00:24:52,440 --> 00:24:54,240  
你观察那个患者本人啊  
  
627  
00:24:54,580 --> 00:24:56,380  
身体就是一派识相啊  
  
628  
00:24:56,380 --> 00:24:57,100  
就是这种特点  
  
629  
00:24:57,100 --> 00:24:59,340  
那么很多时候我们临床上一些湿疹对不对啊  
  
630  
00:24:59,580 --> 00:25:00,300  
咱们也好用  
  
631  
00:25:00,940 --> 00:25:01,980  
呃，这么个方子  
  
632  
00:25:03,070 --> 00:25:05,030  
那么栀子薄皮汤则不然啊  
  
633  
00:25:05,030 --> 00:25:07,350  
栀子薄皮主要就是说热发烧啊  
  
634  
00:25:07,350 --> 00:25:09,890  
有的时候发高热发黄  
  
635  
00:25:10,290 --> 00:25:12,570  
栀子本身就能够清三焦  
  
636  
00:25:12,850 --> 00:25:14,250  
本身就能退黄啊  
  
637  
00:25:14,290 --> 00:25:15,130  
起这个作用  
  
638  
00:25:17,180 --> 00:25:19,220  
呃，那么他的建筑呢  
  
639  
00:25:19,980 --> 00:25:20,260  
呃  
  
640  
00:25:22,070 --> 00:25:24,790  
这个四味药啊  
  
641  
00:25:25,790 --> 00:25:27,750  
6L水煮2L去籽  
  
642  
00:25:27,990 --> 00:25:32,550  
然后再钠硝硝是后下的啊  
  
643  
00:25:34,060 --> 00:25:36,260  
曲一声顿服，一副药喝掉  
  
644  
00:25:36,740 --> 00:25:36,940  
呃  
  
645  
00:25:37,020 --> 00:25:39,540  
咱们同学啊，这个我就不反复赘述了  
  
646  
00:25:39,540 --> 00:25:44,100  
但是有的时候提示大家看一看他的怎么扶啊  
  
647  
00:25:44,100 --> 00:25:44,780  
非常重要  
  
648  
00:25:45,300 --> 00:25:45,500  
呃  
  
649  
00:25:45,780 --> 00:25:48,660  
比如这个方子，你要是分开服效果就不好  
  
650  
00:25:49,530 --> 00:25:51,970  
如果盾服呢，效果就好得多啊  
  
651  
00:25:53,210 --> 00:25:54,370  
顿服之后药力强  
  
652  
00:25:55,990 --> 00:25:56,990  
比较集中啊  
  
653  
00:25:56,990 --> 00:25:57,550  
比较集中  
  
654  
00:25:58,830 --> 00:25:59,110  
呃  
  
655  
00:26:00,810 --> 00:26:02,810  
有的方子适合分开服  
  
656  
00:26:03,250 --> 00:26:04,970  
有的方子就适合炖服啊  
  
657  
00:26:04,970 --> 00:26:05,490  
不一样  
  
658  
00:26:07,860 --> 00:26:08,820  
第20条  
  
659  
00:26:13,340 --> 00:26:17,260  
黄疸病啊，这个这条特别有意思  
  
660  
00:26:17,260 --> 00:26:19,740  
就告诉你叫小便色不变  
  
661  
00:26:21,360 --> 00:26:21,960  
预字立  
  
662  
00:26:22,870 --> 00:26:25,390  
那么啥叫小便色不变啊  
  
663  
00:26:25,390 --> 00:26:28,350  
因为咱们说刚才已经说了那么多条纹，小便色赤对吧  
  
664  
00:26:28,350 --> 00:26:30,600  
或者色黄，黄疸病呢  
  
665  
00:26:30,600 --> 00:26:32,720  
由于按照我们现代医学说  
  
666  
00:26:33,320 --> 00:26:35,680  
这个胆红素身高对吧  
  
667  
00:26:35,680 --> 00:26:39,280  
他整个那个胆汁外溢造成小便  
  
668  
00:26:39,280 --> 00:26:41,530  
他一定有染色啊  
  
669  
00:26:41,650 --> 00:26:44,850  
那么甚则色赤如造家之状，对吧  
  
670  
00:26:45,690 --> 00:26:45,970  
哎  
  
671  
00:26:47,210 --> 00:26:50,970  
红赤色，那么这个呃  
  
672  
00:26:54,380 --> 00:26:58,060  
他如果是小便色不变啊  
  
673  
00:26:59,290 --> 00:27:00,330  
那么就说一个问题  
  
674  
00:27:01,250 --> 00:27:06,210  
首先他的这个不是跟一般的黄疸一样  
  
675  
00:27:07,760 --> 00:27:09,240  
那么说明了什么啊  
  
676  
00:27:09,880 --> 00:27:10,960  
说明了什么  
  
677  
00:27:13,320 --> 00:27:15,520  
这个就是一个鉴别点啊  
  
678  
00:27:15,800 --> 00:27:17,560  
大家就记住，呃  
  
679  
00:27:18,840 --> 00:27:23,080  
那么黄疸病的鉴别点的一个关键要素就是以小便  
  
680  
00:27:23,080 --> 00:27:23,920  
颜色别直  
  
681  
00:27:26,620 --> 00:27:27,300  
别啥呢  
  
682  
00:27:28,060 --> 00:27:29,100  
以别虚实  
  
683  
00:27:29,100 --> 00:27:30,780  
寒热，咱明白了吧  
  
684  
00:27:31,540 --> 00:27:33,660  
从热化者一定小便色赤  
  
685  
00:27:34,600 --> 00:27:36,320  
从寒化者小便色不变  
  
686  
00:27:36,320 --> 00:27:37,560  
这大家能明白了吧  
  
687  
00:27:38,040 --> 00:27:39,080  
所以你你注意啊  
  
688  
00:27:39,160 --> 00:27:41,750  
我一直你看，虽然我们学界啊  
  
689  
00:27:41,750 --> 00:27:43,150  
现在是成熟的观点  
  
690  
00:27:43,150 --> 00:27:44,390  
我这么说不算毛病  
  
691  
00:27:44,630 --> 00:27:46,550  
就是基本都认为黄疸就是湿热  
  
692  
00:27:46,550 --> 00:27:47,790  
黄疸就是湿热是不是  
  
693  
00:27:48,420 --> 00:27:49,900  
但你看我说过预热  
  
694  
00:27:49,900 --> 00:27:53,890  
我没说湿热，热是从哪儿来阴淤制热  
  
695  
00:27:54,410 --> 00:27:55,610  
淤之后一定有热嘛  
  
696  
00:27:56,210 --> 00:27:56,570  
对不对  
  
697  
00:27:56,570 --> 00:27:57,810  
就像你一直踩着油门  
  
698  
00:27:58,290 --> 00:28:01,010  
然后但是就是就是不松刹车  
  
699  
00:28:01,090 --> 00:28:01,970  
咱们说这个道理  
  
700  
00:28:02,170 --> 00:28:03,330  
那发动机热不热呀  
  
701  
00:28:03,770 --> 00:28:06,290  
那一定热，就像你手机都充满了  
  
702  
00:28:06,290 --> 00:28:07,210  
你还一直插电  
  
703  
00:28:07,700 --> 00:28:08,500  
它没有输出  
  
704  
00:28:08,500 --> 00:28:09,660  
只有输入，它一定热  
  
705  
00:28:10,220 --> 00:28:11,060  
道理都是这样  
  
706  
00:28:11,060 --> 00:28:12,500  
淤必然导致热  
  
707  
00:28:13,550 --> 00:28:17,430  
但是这这个我们说遇有可能导致热啊  
  
708  
00:28:18,150 --> 00:28:20,550  
我刚才说的有误遇有可能导致热  
  
709  
00:28:21,950 --> 00:28:24,340  
但热不一定与啊  
  
710  
00:28:24,820 --> 00:28:26,460  
所以我我不说湿热发黄  
  
711  
00:28:26,460 --> 00:28:28,220  
我不说湿热发黄，我就叫遇热易行  
  
712  
00:28:28,420 --> 00:28:30,060  
而且我说它的核心就是一个湿  
  
713  
00:28:30,700 --> 00:28:32,100  
那湿就有两个同话  
  
714  
00:28:32,760 --> 00:28:33,680  
一个是从热化  
  
715  
00:28:33,680 --> 00:28:35,200  
一个是从什么寒化  
  
716  
00:28:35,280 --> 00:28:37,650  
所以寒化也会荒诞啊  
  
717  
00:28:37,650 --> 00:28:39,210  
黄疸寒化也会黄疸  
  
718  
00:28:39,410 --> 00:28:42,650  
那你比如说我们用的那个阴沉中腹汤对不对  
  
719  
00:28:42,650 --> 00:28:44,810  
包括阴沉五苓，你能说它是热化吗  
  
720  
00:28:46,270 --> 00:28:48,190  
他肯定还是偏寒化，对不对啊  
  
721  
00:28:48,230 --> 00:28:49,070  
太阳之寒啊  
  
722  
00:28:49,710 --> 00:28:51,110  
那所以从这个角度上来说吧  
  
723  
00:28:51,790 --> 00:28:56,520  
小便，那么就是来辨别这个的一个核心伤寒论呢  
  
724  
00:28:56,520 --> 00:28:58,840  
149条有原文，阳明病不能食  
  
725  
00:28:59,120 --> 00:29:00,840  
攻其热必远，所以然者  
  
726  
00:29:00,840 --> 00:29:02,000  
胃中虚冷故也啊  
  
727  
00:29:02,350 --> 00:29:04,470  
那么这个你你好好捋捋这个条文  
  
728  
00:29:04,470 --> 00:29:05,350  
你就发现一个问题  
  
729  
00:29:05,750 --> 00:29:06,590  
他就讲一个问题  
  
730  
00:29:06,590 --> 00:29:07,350  
阳明病呢  
  
731  
00:29:07,710 --> 00:29:11,670  
那啥叫阳明病不能使，沙论有原文呢  
  
732  
00:29:12,110 --> 00:29:13,510  
阳明病若能使者名  
  
733  
00:29:13,510 --> 00:29:15,630  
中风不能使者名啥名重寒  
  
734  
00:29:15,670 --> 00:29:17,590  
这个我跟大家讲过很很多次  
  
735  
00:29:17,860 --> 00:29:20,340  
阳明病你去分他的寒热  
  
736  
00:29:20,580 --> 00:29:22,180  
你就从他能不能吃饭  
  
737  
00:29:22,460 --> 00:29:24,300  
从这个角度去辨别对不对  
  
738  
00:29:24,540 --> 00:29:25,820  
能吃的就是中风  
  
739  
00:29:25,980 --> 00:29:27,340  
不能吃的就是中寒  
  
740  
00:29:27,970 --> 00:29:29,730  
这个很重要，非常重要  
  
741  
00:29:30,170 --> 00:29:30,370  
呃  
  
742  
00:29:30,450 --> 00:29:34,560  
有的时候在临床上咱们都知道一个场景啊  
  
743  
00:29:35,520 --> 00:29:37,040  
尤其一些这个  
  
744  
00:29:37,040 --> 00:29:42,370  
这个在三甲医院的辽区有些老年人会多发  
  
745  
00:29:42,410 --> 00:29:44,850  
会出现一种情况，就是大便便不下来  
  
746  
00:29:46,460 --> 00:29:47,620  
经历过这种情况吗  
  
747  
00:29:48,230 --> 00:29:49,030  
变不下来之后  
  
748  
00:29:49,350 --> 00:29:53,670  
一般情况下西医院科主任这时候就就要找你谈了  
  
749  
00:29:54,150 --> 00:29:56,590  
说这个时候我们就得想办法灌肠  
  
750  
00:29:57,690 --> 00:29:58,850  
那你比如说五天没变  
  
751  
00:29:59,130 --> 00:30:01,690  
那你说你惯不惯说这个问题对吧  
  
752  
00:30:02,050 --> 00:30:06,290  
但灌肠之后有可能就出问题，出啥问题呢  
  
753  
00:30:06,730 --> 00:30:09,650  
搞不好大便下来之后  
  
754  
00:30:10,670 --> 00:30:11,750  
又是浓又是血  
  
755  
00:30:12,110 --> 00:30:13,750  
主要是血啊，全都下来了  
  
756  
00:30:14,110 --> 00:30:16,230  
有可能这老人家就灌没了  
  
757  
00:30:16,430 --> 00:30:17,270  
那你惯不惯  
  
758  
00:30:17,570 --> 00:30:20,090  
你不灌的话他就一直这样堵着  
  
759  
00:30:20,640 --> 00:30:21,640  
是不是这个问题啊  
  
760  
00:30:22,040 --> 00:30:24,960  
所以说有可能有一些在我们经典之中  
  
761  
00:30:25,080 --> 00:30:28,850  
你认为很不不不不足重要的问题啊  
  
762  
00:30:29,210 --> 00:30:30,610  
可能在临床之中啊  
  
763  
00:30:31,170 --> 00:30:34,370  
它是非常重要的，景观节要的点  
  
764  
00:30:35,090 --> 00:30:37,610  
比如就这个阳病，中风和中寒  
  
765  
00:30:37,890 --> 00:30:39,810  
那你说这中风中寒跟我有啥关系啊  
  
766  
00:30:39,810 --> 00:30:40,370  
有关系  
  
767  
00:30:41,150 --> 00:30:43,590  
那当有一天你是一个疗区主任的时候  
  
768  
00:30:44,350 --> 00:30:48,510  
那主治医师来了，问你了主任惯不惯呢  
  
769  
00:30:49,480 --> 00:30:49,800  
对吧  
  
770  
00:30:50,480 --> 00:30:52,040  
七天没变了惯不惯啊  
  
771  
00:30:52,760 --> 00:30:54,600  
那这时候你重点要看啥呀  
  
772  
00:30:56,120 --> 00:30:57,640  
你是阳明中风还是中寒  
  
773  
00:30:58,220 --> 00:31:00,620  
如果阳木中风能实说明有实证  
  
774  
00:31:00,980 --> 00:31:05,340  
那么灌了肠之后，那么从阳化你攻下可以吧  
  
775  
00:31:05,890 --> 00:31:07,490  
灌肠不就相当于攻下吗  
  
776  
00:31:07,530 --> 00:31:08,730  
其实只是手段不同啊  
  
777  
00:31:09,490 --> 00:31:10,130  
可以攻下  
  
778  
00:31:10,290 --> 00:31:11,850  
但如果是重寒你还能灌吗  
  
779  
00:31:14,560 --> 00:31:16,880  
你就知道这个时候要慎重对不对  
  
780  
00:31:17,400 --> 00:31:20,320  
有可能灌了之后，那明明是一个阳明的寒症  
  
781  
00:31:20,640 --> 00:31:23,820  
你还用了攻下之药，犯了虚虚之戒吧  
  
782  
00:31:24,380 --> 00:31:26,780  
有可能屎也下来了，人也没了  
  
783  
00:31:27,700 --> 00:31:30,180  
是不是这个特点你就得想办法迂回  
  
784  
00:31:30,940 --> 00:31:32,580  
那么怎么迂回这个呢  
  
785  
00:31:32,940 --> 00:31:33,940  
有很多方法  
  
786  
00:31:34,100 --> 00:31:35,860  
比如补中益气啊等等啊  
  
787  
00:31:36,060 --> 00:31:37,620  
包括用一些润导之法呀  
  
788  
00:31:37,900 --> 00:31:39,380  
就你，你得非常精细  
  
789  
00:31:39,380 --> 00:31:41,820  
非常想办法，就不能大意啊  
  
790  
00:31:41,820 --> 00:31:44,720  
这个时候有可能还能挽回啊  
  
791  
00:31:44,720 --> 00:31:47,000  
咱们说这个道理，所以有很多概念啊  
  
792  
00:31:47,080 --> 00:31:49,840  
看似简单，看似好像这东西有用吗  
  
793  
00:31:49,840 --> 00:31:50,600  
跟我有关系吗  
  
794  
00:31:50,720 --> 00:31:52,720  
我告诉你，没有跟你没关系的  
  
795  
00:31:52,720 --> 00:31:55,000  
只有你没意识到跟你有关的啊  
  
796  
00:31:55,460 --> 00:31:56,740  
就就就就这个问题啊  
  
797  
00:31:57,060 --> 00:31:59,820  
所以说在这我们能牵扯到从一个小便啊  
  
798  
00:31:59,820 --> 00:32:02,660  
能牵扯到阳明的中风中寒的概念  
  
799  
00:32:03,190 --> 00:32:03,390  
呃  
  
800  
00:32:03,390 --> 00:32:04,870  
是因为你不讲不行  
  
801  
00:32:04,870 --> 00:32:05,910  
不讲的话说不清楚  
  
802  
00:32:06,190 --> 00:32:09,870  
所以眼下看这个问题是一个阳明中风还是中寒啊  
  
803  
00:32:10,780 --> 00:32:12,620  
他明明是一个重寒的问题，对不对  
  
804  
00:32:13,100 --> 00:32:15,340  
那么重寒问题，你看啊  
  
805  
00:32:15,620 --> 00:32:18,260  
正常来说黄疸是不大便的吧  
  
806  
00:32:19,430 --> 00:32:20,470  
小便是红的吧  
  
807  
00:32:20,710 --> 00:32:21,710  
这个完全相反  
  
808  
00:32:22,550 --> 00:32:24,670  
他就从两个大小便就给你  
  
809  
00:32:24,710 --> 00:32:27,350  
就给你把这个黄疸给你断完了  
  
810  
00:32:28,330 --> 00:32:32,610  
它既小便色白，就是小便没有变色  
  
811  
00:32:33,650 --> 00:32:35,530  
同时它不但没有大便难  
  
812  
00:32:36,210 --> 00:32:37,730  
相反啥样啊同学们  
  
813  
00:32:39,020 --> 00:32:39,220  
哎  
  
814  
00:32:39,260 --> 00:32:41,100  
欲自立就是还还拉肚  
  
815  
00:32:41,980 --> 00:32:43,980  
那这时候我们说明一个问题  
  
816  
00:32:44,660 --> 00:32:46,180  
说明你得怎么办啊  
  
817  
00:32:47,440 --> 00:32:49,480  
补中气是不是这回事  
  
818  
00:32:50,040 --> 00:32:50,240  
哎  
  
819  
00:32:50,240 --> 00:32:51,920  
这个时候你得想办法补中气  
  
820  
00:32:51,920 --> 00:32:53,040  
你不能攻下啊  
  
821  
00:32:53,080 --> 00:32:54,720  
攻下，攻不好就攻出事  
  
822  
00:32:55,380 --> 00:32:56,100  
所以说呢  
  
823  
00:32:56,460 --> 00:32:57,140  
腹满而喘  
  
824  
00:32:57,260 --> 00:32:59,180  
它是一个虚性的  
  
825  
00:32:59,180 --> 00:33:00,340  
腹满还是实性的呀  
  
826  
00:33:01,000 --> 00:33:03,200  
虚性的，你别看腹满喘  
  
827  
00:33:03,680 --> 00:33:04,520  
他是虚性的  
  
828  
00:33:04,520 --> 00:33:05,800  
这个时候不可除热  
  
829  
00:33:07,070 --> 00:33:08,350  
不可除热说的是什么  
  
830  
00:33:08,350 --> 00:33:09,190  
不能攻下吗  
  
831  
00:33:09,950 --> 00:33:13,630  
或者是不能用一些这个这个辛凉之药去去  
  
832  
00:33:13,630 --> 00:33:15,070  
去解这个热啊  
  
833  
00:33:16,460 --> 00:33:17,540  
那有不信邪的  
  
834  
00:33:17,820 --> 00:33:20,660  
所以说我们说伤寒杂病论很伟大  
  
835  
00:33:20,660 --> 00:33:21,340  
伟大在哪  
  
836  
00:33:21,780 --> 00:33:27,320  
它里头记录了大量的我们从某种角度上讲叫物质  
  
837  
00:33:28,020 --> 00:33:29,820  
其实那不也是人体实验吗  
  
838  
00:33:29,860 --> 00:33:32,500  
你想想是不是我说的比较直白啊  
  
839  
00:33:33,140 --> 00:33:36,430  
但这个人体实验不是有意为之的啊  
  
840  
00:33:36,430 --> 00:33:39,230  
你不能跟普通的医学实验去划等号  
  
841  
00:33:39,230 --> 00:33:40,870  
所以说我们中医得得来啊  
  
842  
00:33:40,870 --> 00:33:42,110  
到今天非常的难  
  
843  
00:33:42,430 --> 00:33:48,510  
为什么奠奠定在大量的临床中的  
  
844  
00:33:49,220 --> 00:33:51,540  
不得已而为之的临床实验之中  
  
845  
00:33:51,820 --> 00:33:53,740  
用多少人的命换来的经验  
  
846  
00:33:53,740 --> 00:33:55,260  
那你还说中医不科学吗  
  
847  
00:33:55,780 --> 00:33:57,620  
你再说这种话，你无愧吗  
  
848  
00:33:58,340 --> 00:33:58,820  
是不是  
  
849  
00:33:59,140 --> 00:34:00,660  
那这个是不是就是人体实验啊  
  
850  
00:34:01,150 --> 00:34:04,190  
他告诉你了，说这东西你不能去攻下  
  
851  
00:34:04,710 --> 00:34:05,750  
但是有不信邪的呀  
  
852  
00:34:05,750 --> 00:34:06,630  
这不是仲景先师  
  
853  
00:34:06,630 --> 00:34:07,830  
仲景先师知道不攻下  
  
854  
00:34:08,820 --> 00:34:10,139  
那不还有别的大夫呢吗  
  
855  
00:34:10,139 --> 00:34:10,420  
是吧  
  
856  
00:34:10,940 --> 00:34:13,739  
有有大夫就来了，说我就不信邪供了  
  
857  
00:34:13,739 --> 00:34:15,699  
供了之后仲景在旁边看还不行吗  
  
858  
00:34:16,199 --> 00:34:17,000  
是这个道理吧  
  
859  
00:34:17,400 --> 00:34:18,120  
看见啥了  
  
860  
00:34:19,960 --> 00:34:20,760  
热出闭云  
  
861  
00:34:22,210 --> 00:34:22,409  
哎  
  
862  
00:34:22,530 --> 00:34:26,210  
那么商论中偶冶夏利那一篇记得吧  
  
863  
00:34:26,620 --> 00:34:27,940  
伏在厥阴之中啊  
  
864  
00:34:27,940 --> 00:34:30,380  
那么那么欧月夏利那篇里头  
  
865  
00:34:30,380 --> 00:34:32,179  
是不是就说我刚才说的那个问题啊  
  
866  
00:34:32,630 --> 00:34:33,989  
那么胃中虚冷啊  
  
867  
00:34:34,030 --> 00:34:36,429  
胃中虚冷你不能不能攻啊  
  
868  
00:34:37,510 --> 00:34:39,270  
供完之后必然怎么样  
  
869  
00:34:39,830 --> 00:34:41,909  
攻其热必远，阳明病不能食  
  
870  
00:34:42,230 --> 00:34:43,630  
攻其热必远对吧  
  
871  
00:34:43,670 --> 00:34:44,750  
虽然者为啥呀  
  
872  
00:34:44,750 --> 00:34:45,790  
胃中虚冷故也啊  
  
873  
00:34:45,790 --> 00:34:48,639  
伤寒论194条，回去翻一翻啊  
  
874  
00:34:48,679 --> 00:34:51,880  
伤寒金柜不能分开都是连着的  
  
875  
00:34:53,520 --> 00:34:53,719  
额  
  
876  
00:34:54,400 --> 00:34:56,000  
那么这个时候呢，就不能攻  
  
877  
00:34:56,239 --> 00:34:57,480  
结果有不信邪的攻了  
  
878  
00:34:57,480 --> 00:34:59,560  
攻了之后，那大夫吓跑了  
  
879  
00:35:00,020 --> 00:35:02,820  
回头家属来求仲景先师说，那咋整啊  
  
880  
00:35:02,820 --> 00:35:04,540  
说你看那大夫也不给我们治了  
  
881  
00:35:05,240 --> 00:35:08,200  
说你你这已经已经治不了了，对吧  
  
882  
00:35:08,200 --> 00:35:09,160  
你这病太重了  
  
883  
00:35:09,720 --> 00:35:11,080  
那老仙师你帮帮忙吧  
  
884  
00:35:11,400 --> 00:35:11,600  
哎  
  
885  
00:35:11,600 --> 00:35:12,960  
仲景先师给他指条明路  
  
886  
00:35:14,000 --> 00:35:14,600  
咋说的呀  
  
887  
00:35:15,560 --> 00:35:16,480  
愚者怎么办  
  
888  
00:35:17,480 --> 00:35:19,840  
小半夏汤主治，明白了吧  
  
889  
00:35:20,120 --> 00:35:23,760  
小半夏汤两味药，半夏和生姜都是温热的吧  
  
890  
00:35:24,200 --> 00:35:25,800  
所以证明这个是一个寒症  
  
891  
00:35:26,420 --> 00:35:26,620  
唉  
  
892  
00:35:26,860 --> 00:35:30,540  
所以告诉我们不要黄疸病，上来就阴沉熬汤  
  
893  
00:35:31,440 --> 00:35:32,880  
因此说呀  
  
894  
00:35:33,200 --> 00:35:36,000  
我经常跟大家讲一个强调一个事  
  
895  
00:35:36,440 --> 00:35:39,730  
我都可能给诸位耳朵都听出茧子来了  
  
896  
00:35:40,130 --> 00:35:41,330  
我经常跟大家说  
  
897  
00:35:41,650 --> 00:35:43,530  
我说这个这个，啧  
  
898  
00:35:44,220 --> 00:35:44,940  
学伤寒论  
  
899  
00:35:45,580 --> 00:35:47,220  
你不要学成伤寒方  
  
900  
00:35:47,780 --> 00:35:48,660  
我总这么说吧  
  
901  
00:35:49,260 --> 00:35:50,660  
我教你的是伤寒论  
  
902  
00:35:51,920 --> 00:35:54,840  
伤寒论中，伤寒方只是一个要素  
  
903  
00:35:55,720 --> 00:35:57,520  
伤寒论涉及到人的生理  
  
904  
00:35:58,040 --> 00:35:59,160  
涉及到人的病理  
  
905  
00:35:59,680 --> 00:36:02,680  
涉及到每味药的性情和药理  
  
906  
00:36:03,120 --> 00:36:04,520  
本草经，对不对啊  
  
907  
00:36:04,960 --> 00:36:07,930  
以及怎么治疗的这个组组方的原则  
  
908  
00:36:08,010 --> 00:36:10,370  
它里头的所含有的象数里的概念  
  
909  
00:36:10,610 --> 00:36:12,650  
这叫伤寒论，伤寒方是什么  
  
910  
00:36:12,930 --> 00:36:14,090  
阴沉耗汤能治啥  
  
911  
00:36:15,080 --> 00:36:16,800  
麻黄连赤小豆汤能治啥  
  
912  
00:36:18,300 --> 00:36:19,980  
朱高发尖能治啥  
  
913  
00:36:19,980 --> 00:36:20,700  
你就告诉我吧  
  
914  
00:36:21,260 --> 00:36:24,180  
你不告诉我，你就你你你你就不是好老师  
  
915  
00:36:24,790 --> 00:36:26,310  
你不告诉我你就是有藏私  
  
916  
00:36:26,590 --> 00:36:27,590  
不是不告诉你  
  
917  
00:36:28,030 --> 00:36:30,550  
是怕告诉你之后你惹祸对吧  
  
918  
00:36:30,670 --> 00:36:32,350  
见着黄疸就攻下能行吗  
  
919  
00:36:33,180 --> 00:36:33,980  
你不看看吗  
  
920  
00:36:34,100 --> 00:36:34,420  
对吧  
  
921  
00:36:34,700 --> 00:36:37,220  
你看之后这个不就是一个案例吗  
  
922  
00:36:37,300 --> 00:36:38,900  
啊，讲这个概念  
  
923  
00:36:40,680 --> 00:36:41,760  
好，接着往下看  
  
924  
00:36:42,720 --> 00:36:43,520  
额，这呢  
  
925  
00:36:43,560 --> 00:36:44,560  
插来了一条啊  
  
926  
00:36:44,560 --> 00:36:46,160  
这条我为啥说插了这一条  
  
927  
00:36:46,160 --> 00:36:49,360  
其实这条应该接下一个22条啊  
  
928  
00:36:50,250 --> 00:36:52,010  
呃，那我们就直接讲吧  
  
929  
00:36:52,010 --> 00:36:52,730  
直接讲22吧  
  
930  
00:36:52,730 --> 00:36:53,530  
行吧，哎  
  
931  
00:36:53,530 --> 00:36:54,730  
我们我们倒叙啊  
  
932  
00:36:56,000 --> 00:36:59,240  
看22男子黄小便自立  
  
933  
00:37:00,240 --> 00:37:01,840  
当于续唠小建中汤  
  
934  
00:37:02,160 --> 00:37:04,120  
那我为啥认为这是插过来的呢  
  
935  
00:37:04,720 --> 00:37:08,160  
呃，你不能说古人一定没有错建啊  
  
936  
00:37:08,650 --> 00:37:08,850  
呃  
  
937  
00:37:08,850 --> 00:37:12,090  
这个是我们这个，这个要客观的看问题  
  
938  
00:37:12,130 --> 00:37:15,590  
我认为呃，这一条吧  
  
939  
00:37:16,590 --> 00:37:18,550  
你放到接到这来也行  
  
940  
00:37:18,630 --> 00:37:20,630  
但是你接小柴胡也行啊  
  
941  
00:37:20,630 --> 00:37:21,950  
一会我讲小柴胡那个  
  
942  
00:37:22,230 --> 00:37:24,150  
然后给你讲为啥说也行啊  
  
943  
00:37:25,920 --> 00:37:26,120  
呃  
  
944  
00:37:26,960 --> 00:37:30,360  
那么说这一条我为啥把它放这  
  
945  
00:37:30,690 --> 00:37:33,050  
因为我认为它是解释上一个条件  
  
946  
00:37:33,050 --> 00:37:36,130  
就是黄疸病，小便色不变欲自立的那个问题还记得吗  
  
947  
00:37:36,450 --> 00:37:38,290  
刚刚说完，那就是脾虚  
  
948  
00:37:38,410 --> 00:37:39,370  
黄疸得咋整  
  
949  
00:37:40,400 --> 00:37:41,480  
大家还记得这个问题吧  
  
950  
00:37:42,000 --> 00:37:42,200  
哎  
  
951  
00:37:42,320 --> 00:37:45,040  
他就告诉你了，那个男子黄小便自立  
  
952  
00:37:45,040 --> 00:37:46,640  
他说的其实就是脾虚  
  
953  
00:37:47,510 --> 00:37:50,790  
是不是就这个不是那种那个那个那个  
  
954  
00:37:51,670 --> 00:37:53,510  
那个那个湿热黄疸  
  
955  
00:37:54,330 --> 00:37:56,530  
那么这种时候有没有方呢  
  
956  
00:37:56,650 --> 00:37:58,010  
有用谁呢  
  
957  
00:37:58,410 --> 00:38:00,770  
虚老小健，中汤这块有争议啊  
  
958  
00:38:00,850 --> 00:38:01,730  
有人认为  
  
959  
00:38:02,310 --> 00:38:06,590  
有人认为他说的是虚劳篇中的黄芪建中汤  
  
960  
00:38:07,570 --> 00:38:08,570  
理由为啥呢  
  
961  
00:38:08,930 --> 00:38:11,170  
认为那么黄芪能退黄吗  
  
962  
00:38:11,170 --> 00:38:13,250  
那比如说我们桂枝加黄芪汤，对不对啊  
  
963  
00:38:13,810 --> 00:38:14,050  
哎  
  
964  
00:38:14,490 --> 00:38:17,980  
那黄芪本身就就就能退黄，呃  
  
965  
00:38:18,060 --> 00:38:18,900  
有道理啊  
  
966  
00:38:18,900 --> 00:38:19,500  
有道理  
  
967  
00:38:19,980 --> 00:38:22,660  
但是呢，其实这里头还有一层啊  
  
968  
00:38:22,660 --> 00:38:23,860  
这个我给大家说一说  
  
969  
00:38:24,420 --> 00:38:25,780  
里头还有一层啥啊  
  
970  
00:38:26,790 --> 00:38:27,470  
你想想  
  
971  
00:38:28,630 --> 00:38:28,910  
呃  
  
972  
00:38:29,910 --> 00:38:33,510  
这个男子黄我有一个大胆的猜想  
  
973  
00:38:34,710 --> 00:38:36,870  
包括临床中我也这么用啊  
  
974  
00:38:37,670 --> 00:38:39,750  
呃，你看看是不是有没有这个道理  
  
975  
00:38:40,790 --> 00:38:43,790  
不是所有色黄都是黄疸  
  
976  
00:38:45,100 --> 00:38:46,860  
还有一种色黄叫徐劳  
  
977  
00:38:48,010 --> 00:38:49,570  
用我们中医说就能说通  
  
978  
00:38:49,610 --> 00:38:50,770  
用西医说说不通啊  
  
979  
00:38:50,770 --> 00:38:51,450  
为啥这么讲  
  
980  
00:38:51,890 --> 00:38:55,330  
呃，这当然这个我们非用西医说就是强人所难了啊  
  
981  
00:38:55,880 --> 00:39:01,360  
因为这个我们用西医说它都叫叫叫胆汁外溢对不对  
  
982  
00:39:02,040 --> 00:39:04,720  
但是我们中医认为我们现在看的不是胆汁  
  
983  
00:39:04,760 --> 00:39:07,810  
我们看的是这人黄了，颜色黄  
  
984  
00:39:08,410 --> 00:39:08,890  
对不对啊  
  
985  
00:39:08,970 --> 00:39:10,610  
深黄木黄，黄染  
  
986  
00:39:11,410 --> 00:39:13,210  
但是真有那种人啊  
  
987  
00:39:13,730 --> 00:39:16,530  
你看他皮肤特别黄，甚至眼睛啊  
  
988  
00:39:16,530 --> 00:39:17,690  
你说他眼睛黄不黄  
  
989  
00:39:17,930 --> 00:39:18,850  
我让学生去看  
  
990  
00:39:18,850 --> 00:39:21,170  
学生看不明白，回来说老师我也看不懂  
  
991  
00:39:21,450 --> 00:39:22,770  
我说你这有啥看不懂的  
  
992  
00:39:22,770 --> 00:39:24,170  
一来我一看，我也懵了  
  
993  
00:39:24,590 --> 00:39:27,620  
有的人那个眼白就黄  
  
994  
00:39:27,780 --> 00:39:30,020  
知不知道，我们过去有个词啊  
  
995  
00:39:30,420 --> 00:39:32,740  
叫年叫年老珠黄  
  
996  
00:39:33,920 --> 00:39:35,400  
那年老珠黄也是黄疸病吗  
  
997  
00:39:36,480 --> 00:39:37,440  
我不是抬杠啊  
  
998  
00:39:37,440 --> 00:39:38,680  
我就说说这个事情  
  
999  
00:39:39,080 --> 00:39:41,080  
那么为什么年老会珠黄  
  
1000  
00:39:41,970 --> 00:39:44,930  
当然我们知道这个年老之后，他那个眼白啊  
  
1001  
00:39:44,930 --> 00:39:47,570  
那么慢慢的他退化了，是不是  
  
1002  
00:39:47,730 --> 00:39:49,290  
那么那个不像小孩儿  
  
1003  
00:39:49,290 --> 00:39:51,090  
小孩儿那个眼白是蓝色的，对吧  
  
1004  
00:39:51,490 --> 00:39:52,410  
是蓝色的  
  
1005  
00:39:52,650 --> 00:39:53,930  
这个精气充盈  
  
1006  
00:39:54,330 --> 00:39:56,490  
那么年老之后，他他精气少了  
  
1007  
00:39:56,490 --> 00:39:58,810  
所以他就木精浑浊  
  
1008  
00:39:59,350 --> 00:40:02,470  
那么有的时候也是貌似有一种黄色的一种假象  
  
1009  
00:40:02,870 --> 00:40:06,910  
这个时候我们中医盯的就不是黄，而是脾  
  
1010  
00:40:07,610 --> 00:40:09,570  
我早就说过，我一直没跟你说过谎  
  
1011  
00:40:09,570 --> 00:40:11,090  
我说的不就是脾土吗  
  
1012  
00:40:12,690 --> 00:40:14,770  
脾土不运化不就变成湿了吗  
  
1013  
00:40:15,480 --> 00:40:17,200  
诗遇久了不就变黄疸吗  
  
1014  
00:40:17,480 --> 00:40:18,560  
是不是这个道理啊  
  
1015  
00:40:19,000 --> 00:40:21,520  
那他只有一条道路一个方向吗  
  
1016  
00:40:21,520 --> 00:40:22,920  
不是你反过来也行  
  
1017  
00:40:23,550 --> 00:40:25,190  
你说湿气太盛  
  
1018  
00:40:25,890 --> 00:40:27,850  
那么脾虚能变黄疸对不对  
  
1019  
00:40:28,410 --> 00:40:31,050  
那么反过来，我们说湿气盛不盛  
  
1020  
00:40:31,130 --> 00:40:33,890  
脾虚它不也能见黄色也是脾土之色吗  
  
1021  
00:40:34,470 --> 00:40:35,870  
脾色闭黄，湿热以行  
  
1022  
00:40:36,890 --> 00:40:37,570  
是不是这样啊  
  
1023  
00:40:37,810 --> 00:40:39,770  
那我反过来，我再随便说一句  
  
1024  
00:40:39,970 --> 00:40:41,530  
我说皇家所得  
  
1025  
00:40:41,530 --> 00:40:42,570  
你说从师得知  
  
1026  
00:40:42,570 --> 00:40:44,770  
我不也可以说你从脾土得知吗  
  
1027  
00:40:45,530 --> 00:40:46,490  
脾虚能不能黄啊  
  
1028  
00:40:46,490 --> 00:40:46,970  
也能啊  
  
1029  
00:40:47,170 --> 00:40:48,130  
所以小健中汤  
  
1030  
00:40:48,330 --> 00:40:52,250  
所以有的时候临床上小虚劳篇的小健中用来治啥啊  
  
1031  
00:40:52,690 --> 00:40:53,570  
疑似黄疸  
  
1032  
00:40:55,000 --> 00:40:56,600  
我这么说你能明白会用了吧  
  
1033  
00:40:56,800 --> 00:40:57,760  
就这人你一看  
  
1034  
00:40:58,040 --> 00:40:59,600  
哎，是不是黄疸呢  
  
1035  
00:41:00,740 --> 00:41:03,780  
你一检查报告发现都正常  
  
1036  
00:41:04,660 --> 00:41:06,340  
然后整个科里看半天  
  
1037  
00:41:08,210 --> 00:41:09,730  
三个人三个建议对吧  
  
1038  
00:41:10,530 --> 00:41:12,130  
他看像他看不像  
  
1039  
00:41:12,930 --> 00:41:14,010  
这时候你摸脉吧  
  
1040  
00:41:14,010 --> 00:41:14,690  
同学们啊  
  
1041  
00:41:15,050 --> 00:41:16,730  
你看有没有阳麦色阴脉弦  
  
1042  
00:41:17,740 --> 00:41:18,100  
对吧  
  
1043  
00:41:18,380 --> 00:41:20,220  
是不是虚劳的脉，是不是寒象  
  
1044  
00:41:20,580 --> 00:41:22,100  
如果是你啥也别想了  
  
1045  
00:41:22,100 --> 00:41:25,200  
你先别先别停留在论证阶段了  
  
1046  
00:41:25,240 --> 00:41:26,560  
先先往前走吧  
  
1047  
00:41:27,240 --> 00:41:28,240  
一剂小建中汤  
  
1048  
00:41:28,280 --> 00:41:30,760  
反正你是黄色黄，是不是脾土之色是吧  
  
1049  
00:41:31,080 --> 00:41:33,600  
是你就想象成汤你就用上没错，明白了吧  
  
1050  
00:41:34,000 --> 00:41:37,080  
而且你用的话之前你先看看小便通不通  
  
1051  
00:41:37,720 --> 00:41:39,590  
如果说小便难坏了  
  
1052  
00:41:39,950 --> 00:41:43,910  
小便男之后，我们说这个膀胱极少妇满  
  
1053  
00:41:44,340 --> 00:41:47,340  
它容易水气不利，容易发黄染吧  
  
1054  
00:41:47,340 --> 00:41:49,420  
这时候你先别用长点心，眼儿  
  
1055  
00:41:49,740 --> 00:41:52,380  
如果反之说小便一天去好几趟  
  
1056  
00:41:53,610 --> 00:41:55,690  
或者没或者没好几趟  
  
1057  
00:41:55,690 --> 00:41:57,690  
但是每趟小便挺痛快  
  
1058  
00:41:58,450 --> 00:41:59,530  
那你还犹豫什么呀  
  
1059  
00:41:59,810 --> 00:42:02,210  
是不是这个道理，马上小建中就给他用上  
  
1060  
00:42:02,530 --> 00:42:07,190  
所以这一篇他到底是黄岐建中还是虚劳小健中  
  
1061  
00:42:07,550 --> 00:42:08,550  
其实不重要  
  
1062  
00:42:08,910 --> 00:42:09,510  
明白了吧  
  
1063  
00:42:09,790 --> 00:42:11,750  
那偏黄染一点的就加黄芪  
  
1064  
00:42:12,490 --> 00:42:13,890  
偏虚劳一点的怎么办啊  
  
1065  
00:42:13,890 --> 00:42:15,290  
就去黄芪，多简单啊  
  
1066  
00:42:15,410 --> 00:42:16,010  
对吧  
  
1067  
00:42:18,030 --> 00:42:19,390  
好往下看啊  
  
1068  
00:42:20,370 --> 00:42:22,850  
呃，这个方就是后头这两那个啊对  
  
1069  
00:42:22,850 --> 00:42:23,530  
还得往上看  
  
1070  
00:42:23,770 --> 00:42:24,610  
刚才说一半啊  
  
1071  
00:42:25,050 --> 00:42:28,750  
诸黄腹痛而呕以什么，柴胡汤啊  
  
1072  
00:42:28,750 --> 00:42:29,550  
咱们说这个问题  
  
1073  
00:42:29,910 --> 00:42:33,090  
呃，那么这个小柴胡啊  
  
1074  
00:42:33,210 --> 00:42:36,330  
咱们说这个小柴胡呃，肚子疼  
  
1075  
00:42:36,930 --> 00:42:37,370  
恶心  
  
1076  
00:42:37,810 --> 00:42:40,170  
咱们刚才是不是说那个热除必远啊  
  
1077  
00:42:41,040 --> 00:42:45,390  
如果偶遇的时候还腹痛  
  
1078  
00:42:45,390 --> 00:42:47,110  
呕血外加黄染  
  
1079  
00:42:47,630 --> 00:42:51,870  
这个时候就不是一个小半夏汤能搞定的了  
  
1080  
00:42:52,650 --> 00:42:54,530  
呕和呕不太一样，越是什么  
  
1081  
00:42:54,650 --> 00:42:55,130  
额，逆  
  
1082  
00:42:55,130 --> 00:42:55,410  
对吧  
  
1083  
00:42:55,810 --> 00:42:56,010  
哎  
  
1084  
00:42:56,010 --> 00:42:57,370  
他是胃气所伤导致  
  
1085  
00:42:57,570 --> 00:42:58,450  
但是这个呢  
  
1086  
00:42:58,810 --> 00:43:00,170  
我们说的是肚子疼  
  
1087  
00:43:00,170 --> 00:43:02,640  
呕而呕在呕吐之中啊  
  
1088  
00:43:02,640 --> 00:43:05,680  
我们说小柴胡汤非常非常厉害啊  
  
1089  
00:43:05,680 --> 00:43:08,040  
有一点叫伤寒中风有柴胡症  
  
1090  
00:43:08,080 --> 00:43:09,720  
但见一证便是不必细菌  
  
1091  
00:43:10,330 --> 00:43:11,330  
关于这一点啊  
  
1092  
00:43:11,450 --> 00:43:16,070  
他为什么呃，详见我的伤寒要语哈  
  
1093  
00:43:16,430 --> 00:43:18,590  
那个里头讲的非常的清楚  
  
1094  
00:43:19,150 --> 00:43:21,120  
呃，在这就不再赘述了  
  
1095  
00:43:21,120 --> 00:43:23,680  
因为关于这个事，我就整整得讲一节课啊  
  
1096  
00:43:23,680 --> 00:43:24,760  
这个非常难解释  
  
1097  
00:43:24,760 --> 00:43:26,480  
它关乎到奇恒之府  
  
1098  
00:43:26,820 --> 00:43:28,100  
关系到半表半里  
  
1099  
00:43:28,220 --> 00:43:31,140  
关系到很多内经之中的生理病理的概念  
  
1100  
00:43:31,140 --> 00:43:32,740  
以及柴胡自身的特点  
  
1101  
00:43:32,980 --> 00:43:33,980  
什么叫天不满  
  
1102  
00:43:33,980 --> 00:43:37,940  
西北地不足东南以下省略5000字，5000字都说不完啊  
  
1103  
00:43:38,300 --> 00:43:39,580  
所以在这我不赘述了  
  
1104  
00:43:39,780 --> 00:43:40,620  
但是今天呢  
  
1105  
00:43:40,700 --> 00:43:43,440  
带给大家一个好消息，就在上周啊  
  
1106  
00:43:43,830 --> 00:43:44,030  
呃  
  
1107  
00:43:44,070 --> 00:43:49,230  
我跟陈建成老师和这个学院出版社的傅国英老师啊  
  
1108  
00:43:49,230 --> 00:43:50,270  
我们碰了一下头  
  
1109  
00:43:51,040 --> 00:43:53,000  
伤寒要雨，正式定档  
  
1110  
00:43:56,760 --> 00:44:00,400  
这个期盼了多年啊  
  
1111  
00:44:00,400 --> 00:44:03,080  
这本书正式定档，呃  
  
1112  
00:44:03,500 --> 00:44:04,700  
不见不散啊  
  
1113  
00:44:04,980 --> 00:44:08,550  
这本书马上可能已已已经开始那个那个那个，呃  
  
1114  
00:44:08,630 --> 00:44:09,310  
签合同了啊  
  
1115  
00:44:09,310 --> 00:44:11,390  
准备到签合同的那个阶段了  
  
1116  
00:44:11,750 --> 00:44:11,950  
呃  
  
1117  
00:44:11,990 --> 00:44:15,510  
那么一如既往，是我们的那个敬爱的学院出版社啊  
  
1118  
00:44:15,850 --> 00:44:17,450  
这个这个力挽狂澜啊  
  
1119  
00:44:17,450 --> 00:44:20,410  
那么准备正式出版这部著作，呃  
  
1120  
00:44:20,770 --> 00:44:21,330  
未来呢  
  
1121  
00:44:21,530 --> 00:44:23,570  
我在那次监考  
  
1122  
00:44:24,360 --> 00:44:27,000  
这个随即赋的一首长诗啊  
  
1123  
00:44:27,560 --> 00:44:31,570  
那个那个72句的，这个伤寒走马腹啊  
  
1124  
00:44:31,930 --> 00:44:34,970  
到时候也将与诸位面试啊  
  
1125  
00:44:35,130 --> 00:44:35,850  
敬请期待  
  
1126  
00:44:36,530 --> 00:44:38,000  
那么这个呢  
  
1127  
00:44:38,000 --> 00:44:38,800  
在商业耀语之中  
  
1128  
00:44:38,800 --> 00:44:43,930  
我就讲了那个小柴胡的这这个内在的所有的事  
  
1129  
00:44:43,930 --> 00:44:44,810  
儿啊，都说完了  
  
1130  
00:44:44,810 --> 00:44:46,330  
在这我就不重复说了  
  
1131  
00:44:46,650 --> 00:44:49,210  
那么有柴胡证，但见一证便是为什么  
  
1132  
00:44:49,450 --> 00:44:50,730  
那个里头我讲了一句话  
  
1133  
00:44:51,010 --> 00:44:53,570  
我说不是因为这张方很厉害，而是无奈  
  
1134  
00:44:53,870 --> 00:44:54,950  
我当时说过这个问题吧  
  
1135  
00:44:55,230 --> 00:44:55,430  
唉  
  
1136  
00:44:55,470 --> 00:44:56,590  
所谓城下之盟  
  
1137  
00:44:57,070 --> 00:44:59,230  
所谓和解，所谓弹劾  
  
1138  
00:44:59,800 --> 00:45:01,120  
不是我们本事大  
  
1139  
00:45:01,320 --> 00:45:04,300  
而是不得不谈抗议  
  
1140  
00:45:04,300 --> 00:45:05,220  
不是我想抗议  
  
1141  
00:45:05,460 --> 00:45:06,500  
是我只能抗议  
  
1142  
00:45:06,740 --> 00:45:07,300  
明白了吗  
  
1143  
00:45:08,260 --> 00:45:09,740  
但是你不能说抗议没有用  
  
1144  
00:45:10,670 --> 00:45:13,990  
抗议也有效调和内外内外矛盾，对不对啊  
  
1145  
00:45:14,310 --> 00:45:14,510  
哎  
  
1146  
00:45:14,510 --> 00:45:17,810  
内忧外患有的时候也能解决啊啊  
  
1147  
00:45:18,130 --> 00:45:21,050  
但是我们的国家现在这个强大了  
  
1148  
00:45:21,170 --> 00:45:22,690  
我们外交部长对吧  
  
1149  
00:45:22,930 --> 00:45:24,450  
跟美国谈啊  
  
1150  
00:45:25,130 --> 00:45:30,090  
就是说你们现在已经没有资格用实力说话  
  
1151  
00:45:30,530 --> 00:45:32,330  
呃，但是什么换来的啊  
  
1152  
00:45:32,370 --> 00:45:34,770  
是我们多年的这个负重前行啊  
  
1153  
00:45:35,050 --> 00:45:36,850  
叫见龙在田利见大人  
  
1154  
00:45:36,850 --> 00:45:37,890  
我们这个民族啊  
  
1155  
00:45:38,200 --> 00:45:40,200  
这个是不能忘记过去的伤痛  
  
1156  
00:45:40,200 --> 00:45:42,480  
我们不能忘记以前的这些英烈们啊  
  
1157  
00:45:42,870 --> 00:45:43,070  
呃  
  
1158  
00:45:43,110 --> 00:45:44,270  
咱们有今天的和平  
  
1159  
00:45:44,550 --> 00:45:46,470  
是他们付出的辛苦啊  
  
1160  
00:45:47,990 --> 00:45:49,130  
好呃  
  
1161  
00:45:49,330 --> 00:45:50,050  
往下走啊  
  
1162  
00:45:50,050 --> 00:45:54,370  
这个瓜地散这块，我们就很愉快的讲两张方啊  
  
1163  
00:45:54,410 --> 00:45:56,410  
其实就是聊一聊这个周边的事了  
  
1164  
00:45:56,780 --> 00:45:58,100  
第一个瓜地汤呢  
  
1165  
00:45:58,380 --> 00:46:00,060  
它不是刮地散啊，这个我更正一下  
  
1166  
00:46:00,060 --> 00:46:04,580  
刮地汤在液病之中讲过一回，还记得吧  
  
1167  
00:46:04,860 --> 00:46:05,060  
哎  
  
1168  
00:46:05,060 --> 00:46:07,100  
净世液，咱们说那个衣物瓜蒂汤  
  
1169  
00:46:07,620 --> 00:46:08,460  
那么在这呢  
  
1170  
00:46:08,660 --> 00:46:10,140  
再次出现，呃  
  
1171  
00:46:10,260 --> 00:46:11,380  
这出现之后呢  
  
1172  
00:46:12,430 --> 00:46:13,070  
有一个事啊  
  
1173  
00:46:13,070 --> 00:46:15,110  
其实一个方往往有多用，对不对  
  
1174  
00:46:15,270 --> 00:46:17,670  
就像刚才我，我我忘了跟大家提啊  
  
1175  
00:46:17,670 --> 00:46:21,110  
那个朱高发尖在我们妇人篇还会出现  
  
1176  
00:46:21,390 --> 00:46:22,710  
它用来治疗阴吹  
  
1177  
00:46:23,190 --> 00:46:24,630  
那个时候我会细讲啊  
  
1178  
00:46:24,670 --> 00:46:26,950  
那所以今天先不跟大家赘述了  
  
1179  
00:46:26,950 --> 00:46:28,070  
因为时间也不够了  
  
1180  
00:46:28,530 --> 00:46:30,690  
呃，瓜地汤它的妙用  
  
1181  
00:46:30,690 --> 00:46:33,770  
很多人认为这个就是卖浮者，当土之对不对  
  
1182  
00:46:34,090 --> 00:46:34,810  
呃呃呃  
  
1183  
00:46:34,810 --> 00:46:38,140  
不是那个卖那个，那个前头有原文啊  
  
1184  
00:46:38,500 --> 00:46:39,500  
这个呃  
  
1185  
00:46:39,700 --> 00:46:41,180  
脉浮者先土之沉  
  
1186  
00:46:41,180 --> 00:46:44,000  
贤者先下下旨，对不对啊  
  
1187  
00:46:44,080 --> 00:46:46,040  
陈贤者下旨，那么有这个原文  
  
1188  
00:46:46,520 --> 00:46:46,720  
呃  
  
1189  
00:46:47,040 --> 00:46:48,840  
其实呢，还不尽然  
  
1190  
00:46:49,390 --> 00:46:52,270  
瓜地汤在民间啊，就有用法  
  
1191  
00:46:52,790 --> 00:46:55,500  
呃，我很小的时候我就知道这个  
  
1192  
00:46:55,820 --> 00:46:58,020  
当然我说很小的时候就是那个对  
  
1193  
00:46:58,340 --> 00:46:59,380  
就是跟你们差不多  
  
1194  
00:46:59,380 --> 00:47:02,070  
本科那时候吧，啊啊啊  
  
1195  
00:47:02,070 --> 00:47:04,830  
不好意思，今天没有本科生啊哈啊哟  
  
1196  
00:47:04,830 --> 00:47:05,670  
你是本科的啊  
  
1197  
00:47:06,830 --> 00:47:09,280  
那么呃，时光荏苒  
  
1198  
00:47:09,600 --> 00:47:09,800  
呃  
  
1199  
00:47:10,000 --> 00:47:12,750  
那么那个时候上学那会儿啊，呃  
  
1200  
00:47:13,110 --> 00:47:17,190  
当时我就听说有人这个用一种粉末，特别神奇  
  
1201  
00:47:17,670 --> 00:47:19,840  
黄疸病啊，诸方不孝  
  
1202  
00:47:20,240 --> 00:47:21,240  
哎，用这个东西呢  
  
1203  
00:47:21,240 --> 00:47:24,360  
人家传的几辈子就这一张方吃饭，呃  
  
1204  
00:47:24,480 --> 00:47:26,680  
磨成粉，不知道啥磨的啊  
  
1205  
00:47:27,310 --> 00:47:30,110  
一尝疾苦吹到鼻孔里  
  
1206  
00:47:30,350 --> 00:47:31,950  
就能从里头淌黄水  
  
1207  
00:47:32,190 --> 00:47:34,750  
从鼻孔里头淌出黄水之后就能退黄  
  
1208  
00:47:36,260 --> 00:47:36,460  
呃  
  
1209  
00:47:37,020 --> 00:47:38,340  
好不好使，真好使啊  
  
1210  
00:47:38,860 --> 00:47:39,940  
但是这个东西是啥  
  
1211  
00:47:40,660 --> 00:47:41,780  
这个告诉大家啊  
  
1212  
00:47:41,780 --> 00:47:43,020  
就是刮地  
  
1213  
00:47:43,630 --> 00:47:47,990  
但是这个呢，我是怀着很愧疚的心态说出来告诉大家的  
  
1214  
00:47:48,150 --> 00:47:52,310  
因为这个呀，人家有的可能几代人靠着一张房吃饭呢  
  
1215  
00:47:52,790 --> 00:47:52,990  
嗯  
  
1216  
00:47:53,310 --> 00:47:56,110  
那么如果你用这张方治好了病呢  
  
1217  
00:47:56,580 --> 00:47:59,140  
呃，那么你也不用感谢我啊  
  
1218  
00:47:59,220 --> 00:48:01,700  
感谢这些历代传承的这些人  
  
1219  
00:48:02,380 --> 00:48:02,660  
呃  
  
1220  
00:48:03,390 --> 00:48:06,550  
那么多去治点病人啊  
  
1221  
00:48:07,070 --> 00:48:07,350  
呃  
  
1222  
00:48:07,790 --> 00:48:10,110  
不要光盯着患者兜里的钱  
  
1223  
00:48:10,430 --> 00:48:12,670  
一本人数不是赚钱的行业啊  
  
1224  
00:48:12,910 --> 00:48:14,950  
你要想赚钱，你去炒炒股多好啊  
  
1225  
00:48:14,950 --> 00:48:15,150  
对吧  
  
1226  
00:48:15,150 --> 00:48:16,150  
你去干点别的啊  
  
1227  
00:48:16,710 --> 00:48:19,790  
哎，别别在这上头动歪心思了  
  
1228  
00:48:20,430 --> 00:48:20,710  
呃  
  
1229  
00:48:21,870 --> 00:48:24,790  
那么这个就是很好用的一张方啊  
  
1230  
00:48:24,830 --> 00:48:28,470  
勇兔之用，它不只是一个简简单单的一个汤剂  
  
1231  
00:48:28,470 --> 00:48:31,240  
你也可以用它盐粉外用，效果非常好啊  
  
1232  
00:48:31,320 --> 00:48:32,200  
配合对吧  
  
1233  
00:48:32,480 --> 00:48:33,440  
多管齐下呗  
  
1234  
00:48:34,460 --> 00:48:34,660  
呃  
  
1235  
00:48:34,660 --> 00:48:38,360  
往下千斤麻黄醇酒汤，这个方呢  
  
1236  
00:48:38,360 --> 00:48:40,680  
很多人看了之后有点懵啊，不敢用  
  
1237  
00:48:41,000 --> 00:48:42,080  
其实这方法很好用  
  
1238  
00:48:42,440 --> 00:48:43,280  
为什么这么说呢  
  
1239  
00:48:43,280 --> 00:48:44,480  
我跟你讲你就懂了  
  
1240  
00:48:44,780 --> 00:48:46,980  
麻黄三两天，三生木地  
  
1241  
00:48:46,980 --> 00:48:47,500  
八成汁  
  
1242  
00:48:47,580 --> 00:48:49,260  
它本身是用麻黄，怎么办啊  
  
1243  
00:48:49,340 --> 00:48:51,220  
发沉咱明白这道理了吧  
  
1244  
00:48:51,580 --> 00:48:52,980  
麻黄我跟大家讲过  
  
1245  
00:48:52,980 --> 00:48:54,420  
他无处不走，无处不到  
  
1246  
00:48:54,700 --> 00:48:55,020  
对吧  
  
1247  
00:48:55,060 --> 00:48:58,500  
他把麻黄本无味，无味之味无处不治啊  
  
1248  
00:48:59,010 --> 00:49:00,610  
那么这么个药呢  
  
1249  
00:49:00,850 --> 00:49:03,490  
本身能通达内外，而且能去什么东西  
  
1250  
00:49:03,490 --> 00:49:04,170  
能祛湿  
  
1251  
00:49:05,070 --> 00:49:05,270  
哎  
  
1252  
00:49:05,510 --> 00:49:06,550  
但是你注意一个事  
  
1253  
00:49:06,990 --> 00:49:10,430  
用千金纯那个那个麻黄醇酒的时候注意一个事啊  
  
1254  
00:49:10,430 --> 00:49:12,270  
这个人多半有景向  
  
1255  
00:49:13,620 --> 00:49:14,900  
麦里多半有几项啊  
  
1256  
00:49:15,620 --> 00:49:15,900  
呃  
  
1257  
00:49:17,230 --> 00:49:20,350  
所以说这就是我们黄疸篇的诸方的特点  
  
1258  
00:49:20,510 --> 00:49:22,670  
就是哪一张方单独抻出来  
  
1259  
00:49:24,670 --> 00:49:26,790  
貌似都能独当一面是不是  
  
1260  
00:49:27,270 --> 00:49:27,470  
哎  
  
1261  
00:49:27,470 --> 00:49:28,990  
无论是硝石凡石丸  
  
1262  
00:49:29,990 --> 00:49:32,030  
还是咱们说朱高伐剑  
  
1263  
00:49:32,990 --> 00:49:33,270  
哎  
  
1264  
00:49:33,270 --> 00:49:36,150  
还是阴沉五灵，阴沉耗汤就更不用说了吧  
  
1265  
00:49:36,710 --> 00:49:39,390  
那包括我们这个千金醇酒挂地汤  
  
1266  
00:49:40,090 --> 00:49:42,410  
貌似哪一张方抻出来都能独当一面  
  
1267  
00:49:42,970 --> 00:49:43,130  
啧  
  
1268  
00:49:43,610 --> 00:49:43,810  
哎  
  
1269  
00:49:43,930 --> 00:49:45,730  
这个，所以我很感慨  
  
1270  
00:49:45,730 --> 00:49:47,850  
讲到这我就没法说取舍的问题  
  
1271  
00:49:48,090 --> 00:49:49,330  
当然你也可以把它辩证  
  
1272  
00:49:49,370 --> 00:49:50,490  
你比如说大便不通的  
  
1273  
00:49:50,650 --> 00:49:51,690  
你归一类，对吧  
  
1274  
00:49:52,010 --> 00:49:52,170  
哎  
  
1275  
00:49:52,170 --> 00:49:53,330  
有带黄的，有消食的  
  
1276  
00:49:53,330 --> 00:49:53,850  
你归一类  
  
1277  
00:49:54,250 --> 00:49:54,450  
哎  
  
1278  
00:49:54,490 --> 00:49:57,810  
表不解的有桂枝的那个什么五菱  
  
1279  
00:49:57,970 --> 00:49:58,850  
什么桂枝黄芪  
  
1280  
00:49:58,930 --> 00:49:59,890  
你，你就一类  
  
1281  
00:50:00,430 --> 00:50:00,750  
对吧  
  
1282  
00:50:01,310 --> 00:50:02,110  
那你就随便  
  
1283  
00:50:02,670 --> 00:50:04,390  
但麻黄醇酒它就是无处不走  
  
1284  
00:50:04,430 --> 00:50:06,150  
而且他去的东西是什么  
  
1285  
00:50:06,470 --> 00:50:06,790  
去的  
  
1286  
00:50:06,790 --> 00:50:08,510  
是湿麻黄能祛湿吧  
  
1287  
00:50:09,240 --> 00:50:10,120  
在外能发汗  
  
1288  
00:50:10,120 --> 00:50:11,120  
在内能利小便  
  
1289  
00:50:11,480 --> 00:50:14,600  
与此同时，你记住它里头有一个细节啊  
  
1290  
00:50:15,120 --> 00:50:16,480  
冬月的时候用酒  
  
1291  
00:50:18,080 --> 00:50:20,800  
到了春月用什么用水  
  
1292  
00:50:21,360 --> 00:50:23,040  
那就非常简单明确了吧  
  
1293  
00:50:23,280 --> 00:50:25,120  
冬月用酒为什么用发散吗  
  
1294  
00:50:25,750 --> 00:50:28,390  
到春天已经春天已经发散了吧  
  
1295  
00:50:28,430 --> 00:50:29,150  
阳春之气  
  
1296  
00:50:29,390 --> 00:50:32,930  
三春之气，本身它就是推陈致新抒发的  
  
1297  
00:50:33,130 --> 00:50:35,370  
那你就把酒去掉，改用水  
  
1298  
00:50:36,030 --> 00:50:36,230  
哎  
  
1299  
00:50:36,510 --> 00:50:37,830  
以收全功  
  
1300  
00:50:37,950 --> 00:50:39,870  
那么就是太过也不行  
  
1301  
00:50:40,070 --> 00:50:40,830  
不及也不行  
  
1302  
00:50:40,870 --> 00:50:42,550  
这就像我们中国人的思维  
  
1303  
00:50:42,830 --> 00:50:43,630  
过犹不及  
  
1304  
00:50:45,000 --> 00:50:46,880  
既不要太过，也不要不急  
  
1305  
00:50:47,160 --> 00:50:50,210  
直呼两端行乎于中道，哎  
  
1306  
00:50:50,490 --> 00:50:52,010  
那么咱们今天的课呢  
  
1307  
00:50:52,290 --> 00:50:54,450  
就先到这好下课